

# Update

The Society of Otorhinolaryngology  
and Head-Neck Nurses, Inc.

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Dear SOHN  
Colleagues,

*"Don't wait  
for inspiration to  
come find you.  
Become it."*

Anonymous

I was busy shopping for a common item (running shoes) when I ran across this quote and was taken by it. So often the pace of life leads to a passive approach to living. Things happen and many times my focus is to react rather than pursue ideas and goals. Is inspiration just a prompt to cause action towards a higher goal?

I am inspired to achieve the best care for my patients, my nursing staff, for institutional outcomes and SOHN. How do I know my care is the best for the patient's problem and visit? Evidence-based nursing practices provide a standard and fund of knowledge for many ORL complaints. When possible, knowing the guidelines and practice parameters can help successfully transit the patient through the ORL visit. How do I know my care was appropriate and successful? An objective assessment of the visit is necessary with a set of metrics that gauge the outcomes. The various measures of patient satisfaction are an additional objective assessment of the visit/stay.

As a management nurse knowing my nursing staff is qualified inspires me. The staff can demonstrate this by becoming a CORLN, obtaining an advanced degree in nursing and always with life-long learning. Our organization is following this

observation. SOHN's membership remains constant but the number of certified nurses in the specialty is creeping toward 200! That inspires me.

What inspires you? Examine those individuals or concepts that have inspired you. Make a list. Why did they touch you? Was it one who focused on a thing, topic, idea or effort until they became an expert, authority, experienced or acquired a level of understanding not seen in the casual observer? A good friend and colleague recently inspired me by initiating lifestyle changes towards improving her health.

To inspire is to allow others the ability to see or understand the focus. I'm inspired by the Boston Marathon champion but I can't run that fast. I can focus and train hard until I can do something not thought possible by me 4-5 years ago. Does the champion inspire me to run to qualify or does the effort to qualify do it? Inspiration and difficulty in the accomplishment seem to be paired.

What inspires you in nursing? Is it helping a patient get better or knowing you work with qualified nursing staff? Does a knowledgeable staff that you can trust inspire you? Do you bring out effort from your staff members? Are many just comfortable going to work and not giving everything needed? Do they stretch outside their comfort zone? What can the leaders in nursing do to get staff up to speed as positive role models? If the staff does not see motivation in leadership they may not pursue excellence. The leader helps

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# Update is a publication of the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

## President

Cindy J. Dawson MSN RN CORLN

## President-Elect

Mary B. Huntoon MSN RN

## Vice-President

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## Treasurer

Sharon J. Jamison RN CORLN

## Secretary

Maggie Chesnutt MSN FNP-C CORLN

### Please Send Publication Information to the Editor

Sandra L. Schwartz MS RN CORLN  
Executive Director  
SOHN National Headquarters  
207 Downing Street  
New Smyrna Beach, FL 32168  
Phone: 386-428-1695  
Fax: 386-423-7566  
E-mail: sohnnet@aol.com  
Website: www.sohnnurse.com



**SOHN National Headquarters**  
207 Downing Street  
New Smyrna Beach, FL 32168  
(386) 428-1695  
www.sohnnurse.com

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800-977-0474, or  
sales@WoodwardBizMedia.com

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draw out the example of the certified professional nurse by applying compassion and the staff member's gifts and knowledge to benefit patients and families. The unlicensed nonprofessional can encounter the patient, enter the patient into the healthcare system but cannot provide extensive teaching, assessment, advice and care for patients from an ORL knowledge base perspective. That's the difference. You as an ORL nurse can!

Lift your focus from the activity and hectic pace of everyday lives and look to see and strive for inspiration. I achieved great inspiration reading the poem entitled "If" by Rudyard Kipling who was starved of love and attention as a child but achieved fame quickly with his poems and stories. He received the Nobel Prize for Literature in 1907. Here is an excerpt from "If"

*If you can dream-and not make your  
dreams master,  
If you can think-and not make  
thoughts your aim;*

*If you can meet with Triumph and  
Disaster  
And treat those two imposters just  
the same;  
If you can bear to hear the truth  
you've spoken  
Twisted by knaves to make a trap for  
fools,  
Or watch the things you gave your life  
to, broken,  
And stoop and build 'em up with  
worn-out tools*

Please use this as an inspiration to you in all paths of your life. Have a great summer and see you in September!

Sincerely,

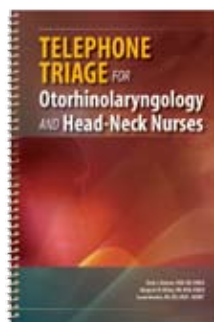
*Cindy J. Dawson*

Cindy J. Dawson MSN, RN, CORLN  
President, SOHN

### Reference:

Archive of Classic Poems. (2009). Retrieved on May 15, 2011 from [http://www.everypoet.com/archive/poetry/Rudyard\\_Kipling/kipling\\_if.htm](http://www.everypoet.com/archive/poetry/Rudyard_Kipling/kipling_if.htm)

## New Telephone Triage Guide Provides Tips for ORL Issues



The delivery of health care is shifting from predominantly inpatient settings to ambulatory care and, more often, nurses are finding themselves faced with having to perform telephone triage. Telephone Triage for Otorhinolaryngology and Head-Neck Nurses, edited by Cindy J. Dawson, Margaret M. Hickey, and Susan O. Newton, provides "how-to" tips for telephone assessment, communication, and documentation specifically for nurses treating patients with ORL

problems or symptoms, you'll be glad you have this new reference to serve as your guide. \$60 (price includes shipping and handling charges) Order Online at [www.sohnnurse.com](http://www.sohnnurse.com)

# SOHN's 35th Anniversary Congress and Nursing Symposium

Fairmont San Francisco Hotel  
San Francisco, California  
September 9-13, 2011

See the May Update for registration forms, or register online at  
[www.sohnnurse.com](http://www.sohnnurse.com)

Dear SOHN Membership,

The SOHN Congress Education Program Committee has worked hard to put together an absolutely stellar program based on the feedback from our membership. Pre-conference programs will be available again this year including the popular Comprehensive ORL and Head-Neck Nursing Course and the Pharmacology Course. We are also happy to offer the Advanced Practice Rigid Nasal Endoscopy and Flexible Nasopharyngoscopy Course on Sunday afternoon. The remaining four days are filled with spectacular sessions for all subspecialties, special interest groups for networking, working committee sessions and much, much more.

The preliminary program, along with registration and hotel reservation information is on the SOHN website now. We invite you to share your professional expertise with your colleagues by contributing a poster to the conference. The poster application and information is on the SOHN website with the conference links.

Save the dates, September 9-13, and we look forward to seeing you in San Francisco!

Sincerely,

The 2011 SOHN Congress and  
Nursing Symposium Education  
Program Committee

## 10 Reasons to "Leave Your Heart in San Francisco"

1. The World Series Champion San Francisco Giants at AT&T Park. Root for "Panda," The Freak," "Pat the Bat" and, of course, "The Beard"
2. Roaming bison, swing dancing parties, a Japanese tea garden and world-class museums in Golden Gate Park
3. A true taste (literally) of the city at the Ferry Building Marketplace
4. A slow stroll across the Golden Gate Bridge
5. Admiring the row of pastel Painted Ladies in Alamo Square
6. An ice cream sundae from the Ghirardelli Square Ice Cream and Chocolate Shop
7. Watching (and listening) to the sea lions playing at Pier 39
8. Hanging off a cable car (and singing the Rice-a-Roni song while you're at it!)
9. Sourdough bread in fun shapes, like crabs or turtles from Boudin Bakery on Fisherman's Wharf
10. The view from the top of Coit Tower, bequeathed by socialite and art patron Lillie Hitchcock Coit in 1929

And, of course, the outstanding and exciting SOHN educational program!!

## A Warm Welcome to New SOHN Members

Ashley M. Baker <i>Memphis, TN</i>	Cindy Johnson <i>La Grange Park, IL</i>
Kristie A. Bittner <i>Omaha, NE</i>	Lura M. Keating <i>Russells Point, OH</i>
Shannon M. Boughton <i>Mebane, NC</i>	Jocelyn O. Kent <i>Mabelton, GA</i>
Cindy A. Boyte <i>Brandon, MS</i>	Joanne McClain <i>Chapel Hill, NC</i>
Jana L. Bradley <i>Philadelphia, PA</i>	Janice Nyirady <i>Loma Linda, CA</i>
Lolita M. Carter <i>Morgantown, PA</i>	Melissa A. Orman <i>Rochester, NY</i>
Jean Claffey <i>Houston, TX</i>	Amy A. Peek <i>Eddyville, KY</i>
Christy M. Cockfield <i>N Augusta, SC</i>	Patricia L. Pitman <i>St Charles, MO</i>
Margaret M. Dezzi <i>Mullica Hill, NJ</i>	Rebecca J. Prairie <i>Stow, OH</i>
Beverly J. Dressel <i>O' Fallon, IL</i>	Alexandra Roberts <i>Dover, NH</i>
Rachel M. Duke <i>Richmond, VA</i>	Lesia K. Roberts <i>Benton, AR</i>
Trudy T. Finney <i>Monroeville, PA</i>	Susan M. Schwartz <i>Winneconne, WI</i>
Georgina H. Glendon <i>Augusta, GA</i>	Margaret A. Shaw <i>Decatur, GA</i>
Priscilla L. Hall <i>Isle Of Palms, SC</i>	Diane M. Sobecki-Ryniak <i>Woodhaven, MI</i>
Kenneth Harbin <i>Paducah, KY</i>	Bethany J. Thomas <i>Denver, CO</i>
Scott A. Henderson <i>Houston, TX</i>	Lori I Vantuyl <i>Topeka, KS</i>
Catherine E. Hermesen <i>Chicago, IL</i>	Kris A. Ward <i>Springville, IA</i>
Christine M. Jeffery <i>Atlanta, GA</i>	Jennifer L. Zeien <i>Edmond, OK</i>
Stacey R. Jensen <i>West Jordan, UT</i>	

## Request for Absentee Ballot

Please send an absentee ballot for the 2011 Society of Otorhinolaryngology and Head-Neck Nurses election. I understand that mailing of this ballot to me in the manner and form approved discharges SOHN's responsibility to me in the matter of absentee voting. I further understand that requesting an absentee ballot removes my name from the list of eligible voters at Congress. Absentee ballots must be received at SOHN Headquarters by August 12, 2011.

"Request for Absentee Ballot" must be received at SOHN Headquarters by July 22, 2011.

No "group requests" will be honored. Send "Request for Absentee Ballot" to:  
SOHN

207 Downing Street  
New Smyrna Beach, FL 32168  
or fax this form to 386-423-7566

Name

Address

City

State/Zip

Signature (Required to receive ballot)



### Attention All SOHN Students!!!

We want to help PAY for your professional education!

Apply by July 1st for an educational scholarship to pursue your studies

- Allied Health to BSN degree
- RN to BSN degree
- Graduate Degree Scholarship

Awards

\$1,000 – \$1,500

## Highlights of the 35th Anniversary Congress and Nursing Symposium

### Keynote Address

Saturday, September 10 • 1:15 p.m.

*The Healing Power of Laughter –  
The Power of a Happy Heart!*

Diana Jordan



Oprah calls Diana Jordan "One of the funniest people on the planet!"

### Featured Session

Monday, September 12 • 10:45 a.m.

*Nursing Care of the Laryngeal Transplant Patient or History in the Making: SOHN Nurses at the Forefront*

Representing the 25 nurses who cared for the world's second documented voice box transplant patient, Ann Sievers, Kim Olson, Janet Peterson and Jan Pryor will describe the multidisciplinary approach and challenges in transplant care.

### Closing Speaker

Tuesday, September 13 • 11:00-12:00 noon

*Footprints in ORL Nursing*

Margaret Hickey MS MSN RN CORLN

## Noteworthy Courses & Events

### Opening Ceremony

Saturday, September 10

Plan to attend the Opening Ceremony and show your support to friends and colleagues and celebrate the accomplishments of the Society, the activities of our countless volunteers and the achievements of our members. SOHN President, Cindy Dawson will preside over this exciting event!

### ORL Nursing Pharmacology Course

Friday, September 9 • 8:00 a.m. – 5:00 p.m.

*(ticketed course – additional fee)*

#### Topics include:

- Ups and Downs of Thyroid Medications
- Hematology Issues and ENT Patients
- Hypocalcemia - Implications for ENT Practitioners
- Evidence-based Pharmacologic Management of Vertigo
- Bugs and Drugs: Pharmacology of Pediatric Sinusitis
- Otitis Externa: Bacterial, Fungal and Dermatitis

- Evaluation and Management of Headaches

### Comprehensive ORL and Head-Neck Nursing Course

Friday, September 9 • 8:00 a.m. – 5:00 p.m.  
*(ticketed course – additional fee)*

The overall purpose of this course is to provide the ORL nurse with an overview of common ear, nose and throat problems/ disorders and their management. The material has been divided into sections to include: Otolaryngology; Disorders of the Nose, Sinuses and Oral Cavity; Pediatric Otolaryngology; Head and Neck Disorders; and Treatment Modalities for Head and Neck Cancer. Each of the anatomical sections will review the normal anatomy, common disorders, etiology, symptoms, diagnostic evaluation and management. The course is ideal for the nurse who is new in the otolaryngology specialty or for the seasoned ORL nurse seeking a good review.

## **Advanced Practice Rigid Nasal Endoscopy and Flexible Nasopharyngoscopy Course**

**Sunday, September 11 • 2:00 – 6:00 p.m.**

*(ticketed event – additional charge)*

This course provides didactic information and hands on experience with scopes. The first two covers the anatomy of nasopharyngeal and laryngeal structures, indications for flexible and rigid endoscopic exam, techniques, potential risks and documentation including coding and billing procedures. The second two hours of the course is the practicum which integrates rigid and flexible exams. Experienced faculty will demonstrate skills and participants will have time to practice these skills. Note: Participants must have a Masters degree or higher with graduate education as a Clinical Nurse Specialist or Nurse Practitioner.

## **Getting to Know You in San Francisco (An Insider's Secrets to Congress 2011)**

**Saturday, September 10 • 8:00 – 8:50 a.m.**

Each year a number of attendees come to SOHN's Congress for the first time. If you are a first-timer, choose to attend the First-Time Attendee Orientation. First-Timers will be greeted by SOHN's National Congress Planning Committee and many volunteers who have "been there and done that". In addition to meeting other first-time attendees, you will hear insider's secrets to help you get the most out of Congress 2011.

## **Government Relations Luncheon**

**Sunday, September 11 • 11:30 – 12:45 p.m.**

*(ticketed event – additional charge)*

Guest Speaker:

Eileen Cody BSN RN



The Honorable Eileen Cody, State Representative-Washington, will present this year's GRC Luncheon presentation. She serves as the chair of the House Health and Wellness Care Committee and has focused much of her efforts on health care policy, particularly prescription

drug reform. Eileen Cody is a registered nurse who specializes in rehabilitation nursing.

## **Stepping Forward For The Foundation**

**Sunday, September 11 • 7:00 – 8:00 a.m.**

*(ticketed event – \$35)*

A benefit walk for the Ear, Nose and Throat Nursing Foundation. Join SOHN Leaders in a benefit walk for the Ear, Nose and Throat Nursing Foundation. Begin your walk on Nob Hill, the exclusive enclave of railroad

barons and Gold Rush tycoons, travel through famous city neighborhoods, rich with history and Victorian architecture while viewing an edge of colorful Chinatown and charming North Beach.

Each registrant will receive an ENT-NF t-shirt. Pre-registration is encouraged; however, congress attendees will also be able to register at the SOHN Registration Booth until the close of registration on Saturday.

## **Society of Otorhinolaryngology and Head-Neck Nurses Notice of Business Meeting**

**Monday, September 12 • 3:30 – 5:00 p.m.**

Join the SOHN Officers and Board Members for the Annual Business Meeting. Elect new officers and learn what is happening in your association. All registrants are welcome to attend.

## **ENT-NF Annual Benefit Honoring SOHN's 35th Anniversary**

**Saturday evening, September 10 — Monday afternoon, September 12**

*Awarding of prizes: Monday at 3:10 PM*

The very entertaining and outrageous ENT-NF Annual Benefit offers unique gifts and prizes that have been generously donated. By participating in the event you can win great items while promoting the work of the Foundation. Benefits: Priceless.

## **SOHN President's Wine and Cheese Reception**

**Sunday, September 11 • 6:15 p.m.**

*(ticketed event, \$69)*

Visit the Aquarium by the Bay at Night. Get up close and personal with 20,000 of San Francisco Bay's most amazing marine animals. As you stroll through crystal tunnels, Sevengill sharks, the bay's largest predators, circling overhead will be a great conversation starter. Visit the lair of the Giant Pacific Octopus and enter the mesmerizing world of Moon Jellies. Ticket includes admission, beverages, artisanal cheese/fruit display, appetizers, transportation and priceless networking.

## **ENT-NF Lectureships**

The Ear, Nose and Throat Nursing Foundation is pleased to present and underwrite the following sessions this year:

### **Cynthia Mabry Otolaryngic Allergy Lectureship**

**Sunday, September 11 • 9:00 – 10:00 a.m.**

*Managing the Allergy Patient Safely Using the Team Approach*

Donna Rekkerth MS RN FNP

## Kalynn Quinn Hensley Head-Neck/Laryngology Lectureship

Sunday, September 11 • 4:40 – 5:40 p.m.

*Advocacy for the Head and Neck Cancer Patient:  
Patient and Nursing Perspective*

Ann T. McKennis RN CNOR(E) CORLN(E)

Itzhak Brook MD

## Lois Moore-Rogers Pediatric Otolaryngology Lectureship

Sunday, September 11 • 10:30 – 11:30 a.m.

*Diagnosis, Evaluation, and Management of Children  
with Vocal Fold Anomalies*

Kristina Keppel DNP RN CPNP

## CORLN Luncheon

Monday, September 12 • 11:45 – 1:00 p.m.

*(ticketed event – \$35)*

Sponsored by the National Certifying Board for  
Otorhinolaryngology and Head-Neck Nurses (NCBOHN)

Take this opportunity to relax and meet informally  
with CORLNs from around the country while enjoying  
an elegant Fairmont Luncheon. All Certified ORL Nurses  
(CORLNs) are invited. Please bring two test questions to  
add to the test question item bank.

## San Francisco by Night Bus Tour

Monday, September 12 • 6:15 p.m.

*(ticketed event – \$35, does not include dinner)*

San Francisco sparkles at night and the tour takes  
you through the best of all that San Francisco has to

offer after dark. This city comes to life when the sun  
goes down. Beautiful light displays are everywhere you  
look: Storefronts, artwork, street performances and the  
city itself. The tour includes the sights of Chinatown, the  
Financial District, Embarcadero, Union Square, and the  
Golden Gate Bridge with a stop at a special destination  
for dinner.

## Society of Otorhinolaryngology & Head-Neck Nurses 35th Anniversary Congress

### Register Early

- Save Money
- Save Time
- Poster Displays
- Comprehensive ORL – Head and Neck  
Nursing Course
- ORL Nursing Pharmacology Course
- Advanced Practice Rigid Nasal Endoscopy and  
Flexible Nasopharyngoscopy Course
- More Than 55 Educational Offerings
- Exhibits

### Join us for

- President's Reception
- ENT-NF Annual Benefit
- Annual Business Meeting
- Ear, Nose and Toes Morning Walk
- San Francisco by Night Bus tour

See the May Update for registration forms or register  
online at [www.sohnnurse.com](http://www.sohnnurse.com)

# Meet The Candidates

## Election Notice

The Slate of Candidates for the SOHN Election 2011  
is presented on the following pages. All Full Members  
of SOHN are eligible to vote. Voting shall take place at  
the SOHN Annual Congress. Full Members who do not  
attend Congress may request an absentee ballot (by  
filling out a "Request for Absentee Ballot" form printed  
on page 3). A "Request for Absentee Ballot" form must  
be received by SOHN no later than July 22, 2011. The  
deadline for receipt of the absentee ballot in the SOHN  
office is, August 12, 2011.

## Candidate for the Position of: Treasurer

**Sharon Jamison, RN, CORLN**



Years of SOHN Membership: 23 years

**Educational Background/Significant  
Achievements/ Career Highlights/ Awards/  
Committee Work/ Publications/ Other**

Diploma degree in nursing from  
Altoona Hospital School of Nursing;  
presently completing Bachelor of

Science in Nursing degree at Angelo State University.  
Certification in Otorhinolaryngology, Head-Neck Nursing  
(CORLN).

### Affiliation with SOHN and Other Professional Organizations: Memberships

2007–Present

American Nurses Association (ANA)/Texas Nurses  
Association (TNA):

- ANA–PAC
- N–STAT

2006–Present

Oncology Nursing Society (ONS):

- Member, Radiation Oncology Special Interest  
Group (SIG)

2011

American Society of Ophthalmic Registered Nurses

1988–Present

Society of Otorhinolaryngology and Head-Neck  
Nurses, Inc.

### Activities:

- President – Greater Houston Chapter (local)

- Regional Seminar Planning Committee (regional)
- Chair – Congress Planning (national)
- Member – Education Committee (national)
- Member – Membership Enhancement Committee (national)
- Member, Board of Directors (appointed term, 2009)
- Board of Directors – NCBOHN (2009–2011)
- Treasurer (national) 2010–2012

#### **Community Activities:**

Speaker's Bureau, MD Anderson Cancer Center  
 Member, Tobacco Free Fort Bend Coalition  
 Facilitator, tobacco cessation program with the Fort Bend Council on Substance Abuse, Inc.

Chairperson for survivor registration: the American Cancer Society/ Fort Bend Relay for Life. (2008, May).

Co-chairperson for survivor registration: the American Cancer Society/ Fort Bend Relay for Life. (2007, May).

Team leader, MD Anderson Fort Bend fundraising team: ACS Fort Bend Relay for Life. (2007, May).

Team leader, MD Anderson Fort Bend fundraising team: ACS Fort Bend Relay for Life. (2006, May).

#### **Honors/Awards:**

2008 – Recipient of the RN to BSN Scholarship from the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

2008 – March Recipient of the Nurse In Washington Internship (NIWI), awarded by the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

2007 – Third place/ clinical division, poster presentation: Oral Mucositis, A Painful Experience. Poster presented at the Thirty-first Anniversary Congress and Nursing Symposium of the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

2007 – MD Anderson Cancer Center Division of Nursing Clinical Nurse Expert Recognition, Exemplary level.

2005 – Honor Award, by the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

2005 – The Kalyann Quinn Hensley Laryngology Lectureship, awarded by the Society of Otorhinolaryngology and Head-Neck Nurses, Inc. for the podium presentation, Long Term Sequelae of Radiation In the Head-Neck Cancer Patient.

#### **Of Special Note:**

2009: Completed the Rising Stars Nursing Program at MD Anderson Cancer Center, a nursing leadership development program for experienced nurses.

2008 – 2010: Completed the EB RUN (Evidence-Based Resource Unit Nurse) program at MD Anderson Cancer Center. Completed a community-based research study.

#### **Qualifications for this Position:**

Presently serving as SOHN Treasurer. Previous experience with unit budget for a large medical institution in Houston.

#### **Position Statement:**

The position of Treasurer of our fine organization has become very important in the last few years because of the economic uncertainties that all of us have faced and are facing. In order for our Society to continue to function and thrive, we must remain financially solvent. Our Treasurer should have knowledge of our financial situation, be cognizant of the obstacles that we will yet face, and be able to institute cost-saving measures that will further stabilize and enhance future financial activities. Having served as your Treasurer for the last two years, I feel that I am best qualified to continue that role. In addition, I have knowledge of the inner workings of SOHN, having been a member of the Board of Directors twice, as a member of the Board of Directors of NCBOHN, our certifying Board, and through my activities with the Education Committee, as past Chairperson of the Congress Planning Committee, and Co-Chair of this year's Spring Seminar- Adult Session.

#### **Candidate for the Position of: Board of Director**

##### **Cheryl Brandt, MSN, RN, ACNS-BC, CORLN**



Years of SOHN Membership: 11

#### **Educational Background:**

- BSN 5/91 from Ursuline College, Pepper Pike Ohio
- MSN 5/03 from Kent State University, Kent, Ohio with a Post Masters Teaching Certificate in 12/03 from Kent State University, Kent, Ohio
- Actively involved at the local and national level for SOHN: Cleveland Chapter President since 4/09.
- Education Committee Member; Nurse Planner; CORLN Review Course Faculty Member and have presented in Cleveland, OH 6/09, Las Vegas, NV 4/10, and Cedar Rapids, IA 5/10; 4/07 Co-chair SOHN Spring Seminar Series & 21st Annual Pediatric ORL Nursing Spring Meeting; 9/08 Planning Committee Member SOHN 32nd Annual Congress & Nursing Symposium; 10/09 Co-chair SOHN 33rd Annual Congress & Nursing Symposium; 9/10 Chairperson SOHN 34th Annual Congress & Nursing Symposium; Presentations at local and national meetings: Acute Pain Management for ENT Surgical Patients (9/07), End of Life Issues for Head & Neck Cancer Patients (9/07), Herb Goes To Surgery...Or Not. An Overview of Herbal Use and Things Nurses Need to Remember about Herbs in the ENT Patient (5/10, 9/10 & 10/10); Published article in the SOHN Journal (Obstructive Sleep Apnea in Head & Neck Cancer Patients Post Treatment...Something to Consider? 2003); 1/11 Mid-Winter Board Meeting Guest Attendee

- 2006 “Best of the Best” Northeast Ohio Nurses (Award)–This award is done through patient nomination
- 4/28/09 Cancer Talk Live: Practical Answers to Key Clinical Challenges: Optimizing Patient Outcomes in Head and Neck Cancer Panelist
- 2011 AAO–HNS panel member for the Tracheostomy Clinical Consensus Statement

**Affiliation with SOHN and Other Professional Organizations:**

Member of SOHN, National Association of Clinical Nurse Specialists, Oncology Nursing Society, Sigma Theta Tau International; National League for Nursing

**Qualifications for this Position:**

I have been an active member of the organization for 11 years. With my committee work and also having been part of the team that helped revitalize what was once an inactive local chapter, I have gotten to know a little bit of the inner workings of this great organization. I’d love the opportunity to continue to learn more, to contribute in different ways, and represent you the membership at the national level.

**Position Statement:**

Over the years, I’ve had the support and encouragement of many members of SOHN. I’ve learned, grown and been challenged by these great nurses. Therefore, my position statement centers on you the membership. I believe that we have a great organization with exceptional professionals involved in the care of patients with ORL disorders. The skill set we all bring to this organization is vast. Maybe you don’t have a desire to become involved at the national level as a member of the board, or maybe now is not the right time for you to step into such a roll. I believe the thoughts and ideas you have to share are important. I want to join the board to be your voice. I want to take your concerns, suggestions, and ideas to the board so that this organization can continue to grow and remain strong for many years to come.

**Candidate for the Position of: Board of Director**

**Tara DiFabio, MSN, CRNP, CORLN**



Years of SOHN Membership: 14

**Educational Background:**

- Masters of Science in Nursing – Oncology Nurse Practitioner, May 2007, Thomas Jefferson University, Philadelphia, PA
- Bachelor of Science in Nursing, May 1997, Thomas Jefferson University, Philadelphia, PA

**Significant Achievements/Career Highlights/Awards/Committee Work:**

- Invited to be Adjunct Clinical Faculty Thomas Jefferson University School of Nursing July 2010 – present

- Nominated for Jefferson University Physicians Service Excellence Award – May 2008
- Guest Attendee at SOHN Mid–Winter Board Meeting – 2007
- Recipient of the SOHN Clinical Excellence Award – 2006

**Publications:**

Prevalence of Complementary and Alternative Medicine Use Among a Population of Head and Neck Cancer Patients: A Survey–Based Study. Miller MC, Pribitkin EA, DiFabio T, Keane WM. Ear Nose Throat J. 2010; Oct:89(10):E23–7.

**Affiliation with SOHN and Other Professional Organizations:**

- SOHN Nominating Committee Member, 2007 – 2009
- Society of Otorhinolaryngology and Head–Neck Nurses (SOHN), 1997 – Present
- Oncology Nursing Society, 2008 – 2009
- American Society of Plastics and Reconstructive Surgical Nurses (ASPRSN), 1997 – 1999
- Presenter at SOHN annual conference – “Tobacco Cessation” October 2009, San Diego, CA
- Presenter at SOHN annual conference – “Sialoadenitis/Parotitis”September 2008, Chicago, IL
- Presenter at SOHN annual conference – “Complementary and Alternative Medicine in Head and Neck Cancer”, September 2006, Toronto, Canada
- Head and Neck Special Interest Group Leader, September 2006 – Present
- Office–Based Practice Special Interest Group Leader, September 2009
- Presenter at SOHN annual conference –“Anti–Aging”, September 2004, New York, NY

**Qualifications for this Position:**

I have been working in otolaryngology for over 14 years. Specifically, I have worked with head and neck cancer patients for the past 10 years. I have been an active member of SOHN for over 10 years, a previous Nominating Committee Member, the current Head and Neck SIG Leader, and have presented at conferences on multiple occasions.

**Position Statement:**

I have been working in otolaryngology for over 14 years and more specifically with head and neck cancer patients for the past 10 years. My involvement in SOHN has been fairly extensive, including being the Head and Neck SIG Leader for the past several years, a frequent presenter, and a former Nominating Committee Member. My ability to recognize current trends in the treatment of head and neck cancer, awareness of current legislation, strong leadership skills, and ability to recognize leadership qualities in others would be an asset to the leadership in the SOHN organization.

## Candidate for the Position of: Board of Director

### Ramute O. Kemeza, BSN, RN



I earned my Bachelor of Science degree in Nursing from Mount Saint Mary College in Newburgh, New York, 1980.

I have been a member of SOHN and the Chicago Chapter for over ten years. I have served in the role of vice-president of the Chicago Chapter for

two years and president for five years. I have rekindled and served as chairperson for the past seven years for our chapter's educational conferences which is attended by ORL nurses from five states. I have been able to obtain support from vendors and include all chapter members to duties the day of the conference. I have also put in place a raffle to benefit the ENT-NF during our conferences with donations from members and anonymous donors. I have been a speaker/presenter at our Chicago Chapter meetings as well as Congress. I am serving as one of the chairpersons for our chapter's educational day ENT UPDATE 2011 in November.

I was elected to the Nominating Committee in 2009 and presently serve as chairperson of the Nominating Committee. I am also the SOHN Chapter Coordinator and attended the Mid-Winter Board of Directors meeting in Atlanta, January 2011. In my role as Chapter Coordinator, I saw a need for the chapters to have a conference planning tool kit which they could utilize to have a successful Educational Conference on a local level. This would be an opportunity to attract new members. Several chapters have utilized the toolkit and found it to be useful. As chapter president, I initiated a fundraising opportunity to create funds to increase Oral Head and Neck Cancer Awareness in the Chicagoland area. Loyola University Health Systems ENT Department along with Hines VA (same ENT physicians) were the only two sites in 2010 in the area saturated with five large prominent medical centers to have a free OHANCAW screening. There are plans to institute a Chicago Alliance of Oral Head and Neck Cancer Awareness in the future.

I have served as moderator and coordinator at multiple congresses. I have been a member of AORN for four years and have served as a delegate from Illinois at the AORN Congress 2010. I have been at Loyola University Health System in Maywood, Illinois for 25 years and have had the privilege to be the ENT team leader in the Ambulatory Surgery Center OR for over 12 years as well as the responsibility of Charge nurse. I have served as a member of the LUHS Laser Committee, Clinical Products Committee, Employee Health Fair Committee, Loyola Stritch School of Medicine Wellfest 2011 Committee as well as serving on the Nursing Quality Safety Council.

### In my community:

I serve as chairperson of the Audit Committee for the Lithuanian-American Community Waukegan-Lake County Chapter. I am a member of the Lithuanian Scout Association Scouter level.

### So what qualifications do I have for the position?

To begin, my active participation in my local chapter as well as the national organization for the past ten years. I have been inspired to succeed by those who have come before me. Leadership brings responsibility, and I am committed to work relentlessly in order to achieve success. Our Chicago Chapter has thrived over the years due to a core of dedicated members who show their desire and passion to "do the right thing." We are often reminded of the changes we face in healthcare today. As Theodore Roosevelt once said, "In any moment of decision, the best thing you can do is the right thing, the next best thing you can do is the wrong thing and the worst is nothing. "I plan to utilize my skills, time and energy to do "the right thing" which I believe is to strive to leave behind a legacy and a foundation for ORL nurses that remains solid for generations to come. The ORL patient gives us their sacred trust in providing safe effective care wherever it occurs, whether the OR, allergy clinic, or head and neck cancer support group. It is the right thing to educate each other, the patient, the family and the student.

Every great accomplishment begins with the decision to try. I bring the necessary tools for the tasks our organization faces in the future. Please consider me as a qualified candidate to represent you on the Board of Directors.

## Candidate for the Position of: Board of Director

### Fayann Ridgley, BSN, RN, CORLN



Years of SOHN Membership: 3

### Educational Background:

I graduated in 1974 from the University of Iowa with a BSN. I worked there full time until August 1974 when I left Iowa for Texas to join the Army Nurse Corps and worked in SICU for two years and Med-Surg for one year until honorable discharge in 1977. I worked in a civilian nursing setting after that but also went back to school and received a BSBA in accounting in 1989. After working three years in accounting, I continued my nursing career in 1993. Following 15 years on SDS, I became the head nurse and clinic supervisor of the ENT clinic.

### Awards/Committees:

I received an achievement award in SICU and performance awards throughout my years in nursing. I currently coordinate research based on tonsillectomy surgery and sleep apnea for a physician in San Antonio.

I also serve on many committees at work including safety, infection control and many outside committees with my church.

**Affiliation with SOHN and Other Professional Organizations:**

I am a member of SOHN, American Legion, and Farm Bureau because I manage a farm back in Iowa.

**Qualifications for this Position:**

I have 25 years of nursing experience, management experience, and a business degree. I am always interested in learning something new and am good at setting priorities and meeting deadlines.

**Position Statement:**

My background includes a BSN from University of Iowa, Army nurse for three years, ENT experience in SICU, surgical floors and SDS, besides my current position as head nurse of the ENT clinic. I also have a BSBA in accounting. Currently I am involved in a research project on sleep apnea and tonsillectomy while managing the clinic. I would like to serve on the Board of Directors to take on a new learning situation and to help in any way possible. My goals would be to help increase membership, expanding the variety of offerings at meetings to include some of the ENT problems with our soldiers, and to help with the financial position.

**Candidate for the Position of: Board of Director**

**Jennifer M. Spellman, MSN, RN, CRNP, CORLN**



Years of SOHN Membership: 16

**Educational Background:**

- 1985 – Bachelors of Science in Nursing, University of Pennsylvania
- 1994 – Masters of Science in Nursing, University of Pennsylvania Pediatric Acute/Chronic

**Professional Experience:**

- Certified Registered Nurse Practitioner in Division of Otolaryngology at The Children’s Hospital of Philadelphia – 1994–present
- Level IV Nurse in Pediatric Intensive Care Unit (PICU) at The Children’s Hospital of Philadelphia 1985–1994

**Certifications:**

- Certified Otorhinolaryngology and Head–Neck Nurse (CORLN) —By the National Certifying Board for Otorhinolaryngology and Head–Neck Nurses
- Certified Registered Nurse Practitioner (CRNP)—By the American Nurses Credentialing Committee (ANCC)

**Affiliation with SOHN and Other Professional Organizations:**

- Served on Nominating Committee 2007–2009
- Chair of Nominating Committee 2008–2009
- Guest attendee at Midwinter Board Meeting 2008

**Qualifications for this Position:**

- SOHN Member 1994–present
- Active member of SOHN
- Past and current speaker for SOHN

**Position Statement:**

I have been a member of SOHN for 16 years. I have always learned so much from my fellow colleagues in SOHN through my involvement on committees as well as networking during conferences. Everyone comes from diverse and unique backgrounds but we all have one thing in common—our love of caring for ENT patients. If elected to the Board of Directors, I hope to bring my experience with pediatric ENT patients, as well as my commitment to serve, to this wonderful organization. I would be honored to serve on the Board of Directors.

**Candidate for the Position of: Nominating Committee Member**

**Nina DeSell, CRNP**



Years of SOHN Membership: 5

**Position Statement:**

As part of the Nominating Committee, I hope to bring my experience as a nurse and NP for the last 25 years as well as my involvement with our organization. I have a willingness to take on most

challenges and help further the field of SOHN nursing through mentoring and education. I have enjoyed being an active participant in our organization for the past five years.

My participation on the national level has included: being a speaker at most of the spring and fall conferences over the past five years and serving as a planner, moderator, and coordinator. I have hopefully put on some informational as well as refreshing talks using the Jeopardy formats on Genetic conditions and ENT infections, as well as three case presentations, and lectures on: Pediatric Sleep Apnea, EXIT Procedure, and Nasal Steroids for pharmacology course.

On the local level, I restarted our chapter newsletter and continue to be the editor for the past five years, started our website last year, and served as chapter president for two years, recently reelected to serve another two years. I have participated as a speaker for our local meeting and our annual conference. I have had an active role our planning committee, helping to recruit for both our local meeting and annual conference. I have made our meeting more accessible with ability to phone or computer link into the meeting with WebEx.

I have participated with NAPNAP (Pediatric NP group) both on the local and national level. I have been accepted to the Expert Panel for ENT in 2010. I have spoken locally at Maryland/DC group on OSA and

nationally on Stridor and OSA. I plan to continue to speak at a national level to help with education of our PNP colleagues.

With these experiences, I hope to bring my knowledge and enthusiasm to our group and would be honored to serve the national organization.

### **Candidate for the Position of: Nominating Committee Member**

**Deborah J. Farragher, BSN, RN**



Years of SOHN Membership: 6  
**Educational Background/Significant Achievements/ Career Highlights/ Awards/ Committee Work/ Publications/ Other:**

Bachelor of Science Degree Kent State University. Cleveland Clinic Ambulatory Safety Committee, Train the Trainer for Head and Neck

Institute, Previous ACLS, PALS provider courses completed. Previous CPR instructor for over 10 years. Cleveland Chapter SOHN Secretary 2009–to present. Previous Dermatology Surgical Coordinator Cleveland Clinic. Departmental Assistant, Clinical Coordinator Head and Neck Institute Cleveland Clinic. National speaker Vestibular and Balance Disorders 2005–2007. Fall Risk Assessment Study Coordinator with Dr. Judith White. Hand Hygiene monitor Head and Neck Institute.

**Affiliation with SOHN and Other Professional Organizations:**

Member of SOHN for 6 years. Cleveland Chapter Secretary 2009–present.

**Qualifications for this Position:**

Member of SOHN and Cleveland Chapter Secretary. Have worked and enjoyed my ENT Nursing Career for the past 8 years. Dedicated to patients and nursing since graduating nursing school (many years ago). I would like to be considered for the Nominating Committee in SOHN.

**Position Statement:**

If elected to the Nominating Committee, I hope to be an asset to SOHN with my enthusiasm and desire to promote SOHN. I would enjoy the opportunity to further my involvement in SOHN, given the opportunity. I have participated on the local level of SOHN. The ability to promote ENT Nursing and encourage involvement would be a great honor. I have had the opportunity to speak at Congress and enjoyed the experience greatly and have met many wonderful talented people in SOHN.

### **Candidate for the Position of: Nomination Committee Member**

**Nadine Nardello, CRNP, CORLN**



Years of SOHN Membership: 6  
**Educational Background and Professional Experience:**

- 1997 BSN Holy Family University, Philadelphia PA
- 2004 MSN Pediatric Acute/Chronic Nurse Practitioner Track, University of Pennsylvania, Philadelphia PA

- I lecture every Fall Semester to the University of Pennsylvania Acute Chronic Nurse Practitioner students on Common ENT Disorders of the Nose and Oropharynx.
- I am part of the Pediatric Skull Base Team in ENT at The Children's Hospital of Philadelphia. I am involved in educating and preparing the family for upcoming complex surgery, coordinate care for family with multiple departments including Anesthesia, Endocrine and Neurosurgery

**Affiliation with SOHN and Other Professional Organizations:**

- Member of SOHN since 2004
- Member of SENTAC (Society of Ear, Nose and Throat Disorders of Children)
- ANCC Certification, November 2009 to November 2014
- CORLN Certification, October 2008 to October 2013

**Qualifications for this Position:**

I feel that I am qualified for the Nominating Committee because I have been a Nurse Practitioner in Otolaryngology, working in an outpatient setting, at The Children's Hospital of Philadelphia since 2004. I have been an active member of SOHN since 2004 and have attended SOHN meetings on a yearly basis since becoming a member.

**Position Statement:**

Serving as a member of the Nominating Committee would be an excellent opportunity for me to become more involved in SOHN. I have been an active member of SOHN both at the national level and in my local SEPA Chapter since 2004. I am responsible and organized and feel that I can bring a lot to the Nominating Committee.

# 2011 SOHN CALENDAR

## Events/Deadlines

### June

- 24 Poster Application Deadline

### July

- 1 Chapter Excellence Award Applications Deadline
- 1 Clinical Excellence Award Applications Deadline
- 1 Honor Award Applications Deadline
- 1 Scholarship Applications Deadline
- 1 Forming Chapter Bylaws Deadline

### September

- 1 CORLN Examination Application Deadline
- 9-13 SOHN 35th Annual SOHN Congress — San Francisco, CA

### October

- 8-22 CORLN Examination Testing Period
- 15 Call for Abstracts 2012 Congress & Spring Seminar Series

### November

- 1 Midwinter Board Meeting Guest Attendee Application Deadline
- 15 Lois Moore-Rogers Lectureship Deadline
- 30 Research Forum Abstracts Deadline

### December

- 15 Nominations for Outstanding Service Award Deadline
- 15 Nominations for Friend of SOHN Award Deadline

## Future Congress Dates

### Washington, DC

September 7-11, 2012

### Vancouver, BC

September 27-October 1, 2013

## SENTAC Annual Meeting

The 2011 Annual Meeting will be held at the Hyatt Regency Crown Center in Kansas City, Missouri, December 1-4, 2011. SENTAC is a multidisciplinary meeting that discusses advances in the diagnosis and treatment of children with diseases of the ears, nose and throat.

## Birmingham Regional Chapter of SOHN Celebrated National ORL Nurse Day

The Birmingham Regional Chapter of SOHN celebrated May 9th, National ORL Nurse Day with a bang! We continued our party from Nurses' Week. Our calendar of events included:

- Sent a letter to the editor of the Birmingham News recognizing ENT nurses and provided education about Oral, Head and Neck Cancer
- Wore our SOHN pins
- Collaborated with UAB School of Nursing, The Children's Hospital of Alabama and UAB Hospital to provide smoking cessation education and Oral, Head and Neck Cancer prevention information at Nurses' Week Vendor and Lifestyle Fair
- Nominated one of our ORL nurses for the 2011 b-Metro Nursing Clinical Excellence Awards

- Sent cards and notepads to area ORL nurses from our chapter
- Raised over \$1000 for our chapter's Relay for Life team with a bake sale, internet campaign, and sold birthday cake cards for \$1.00
- Participated in North Jefferson Relay for Life
- Wore all white uniforms in celebration of Nurses' Week
- Shared cupcakes with the ENT hospital nurses, outpatient clinic, and research nurses
- Sold ENT badge pulls as a fundraiser for our chapter and Tornado Relief efforts in the Birmingham area

Karen Harris, MSN, RN, OCN, CCM  
Birmingham Regional Chapter SOHN  
Vice-President


## IAL Needs Your Recipes!

The IAL (International Association of Laryngectomees) is putting together a cookbook to raise funds for the group. They are in desperate need for recipes. Please share this with your SOHN colleagues. It is a very worthy cause.

Send them to Susan Reeves at [sreeves@wtrc.com](mailto:sreeves@wtrc.com) with TLA/IAL cookbook on the subject line. State your location and position or business.

We appreciate all the help we can get. Let me know if you have any questions. The recipes do not have to be specific to patients. Family favorites, department favorites are welcome.

Ann McKennis RN CNOR(E) CORLN(E)  
[mckennis@mac.com](mailto:mckennis@mac.com)



**SOHNurse.com**

### Core Curriculum For Otorhinolaryngology and Head-Neck Nursing - 2nd Edition

This text is designed to be used by ORL-HN nurses. The book provides an overview of all aspects of nursing practice for the patient with an otolaryngologic problem or abnormality. It provides a foundation of knowledge for generalist and advanced practice nurses working in every ORL-HN practice setting. In addition, it serves as a basic text for students, nurses, administrators and nurse educators.

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