

Update

The Society of Otorhinolaryngology
and Head-Neck Nurses, Inc.

Volume 35 | Number 3 | June/July 2013

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Dear SOHN Colleagues,

Spring has finally arrived in New England. This year we had a particularly hard winter, so nice weather is certainly appreciated. One of our yearly spring events is Patriot's Day, a holiday in Massachusetts, and an annual tradition, the 117th running of the Boston Marathon. I know that all of you around the country are aware of what happened at the race. For me, it really brought back that day in Denver

in 2001, when we were at our Annual Congress and Nursing Symposium.

In a recent newspaper article about the Boston Marathon event a resource nurse in the Massachusetts General Hospital Surgical Intensive Care Unit was quoted as saying she knows from experience that the effects of this tragedy will evolve for months to come. She has worked in disaster medicine all over the world, including the massive earthquake in Haiti in 2010. She said that with this attack, the feelings she has about it are very different, like a "loss of innocence, in the sense that things seem to always happen elsewhere." Maybe that is why I feel so profoundly shocked. Even though national and international events are occurring constantly, this is my own neighborhood and things like this don't happen here.

I do not want to dwell on this event, which happened just a month ago, but instead, I want to share with you what has happened since then. There are two words that come to mind when I think of all the people involved. The words are "compassion" and "care." There were many caregivers working to help those in need. There will be long-term ramifications for those injured. However, I would like to focus on the nurses, even our own specialty-ORL nurses. The ENT injuries were not of the most immediate concern, but many of them will be long-lasting ones. Most of those people delayed seeking help to allow the hospitals to treat the most severe injuries first. These patients will need our compassion and care for an unknown length of time as they heal and adapt to the consequences of their injuries.

Compassion is defined by the Merriam-Webster Dictionary as a "sympathetic feeling." This emotion is what helps to characterize our style of nursing. Most of us would not be in this avocation if we did not have a strong compassion for our patients. It drives our work ethic and our personal and professional pride. It is what allows us to provide the care needed to get healthy and well.

Care is defined as something that "is given" and is "careful conduct." It is an action that ORL nurses carry out daily. It has many other descriptors that go with it, such as concern, regard, thoughtfulness, vigilance, conscientiousness, exactness and concentration. That "care" is our job,

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Update is a publication of the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

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as we apply all those descriptors every day, and it makes us seek out professional education and opportunities in order to provide even better care. This process or journey is what defines our specialty and our organization. It makes SOHN what it is and it makes us who we are as specialty nurses.

I know that most of the media attention was on the trauma and the victims, but I wanted to take the time to recognize the quiet and gentle nursing that is and will always be provided to our patients as they recover and heal from their emotional and physical scars. SOHN is a vital specialty that provides important care to many people. It is our compassion and passion that lead us to give the best care we can give. I am very proud to be part of this unique organization and to know that we know how to treat our patients well. To all of you SOHN nurses who show compassion, protect the patients as they receive treatment, and care each and every day-Thank you.

My best to each of you,

Mary B. Huntoon MSN RN CORLN
SOHN & ENT-NF President

Majestic Vancouver ~ Advancing ORL Nursing “An Experience of a Lifetime”

September 27 ~ October 1, 2013

Westin Bayshore Hotel • Vancouver, British Columbia

See the May Update for registration forms, or register online at
www.sohnnurse.com

Vancouver: Geographically Speaking



Photo credit Tourism Vancouver

Bordered on its northwestern edge by spectacular Stanley Park – one of the continent’s largest downtown green spaces – Vancouver’s compact city centre is surrounded on three sides by water, with Burrard Inlet to the north, False Creek to the south and English Bay to the west.

Several nearby neighborhoods radiate from this downtown core, including Gastown, Chinatown, Yaletown, the West End and Granville Island. Nearby East Vancouver encompasses the Main Street and Commercial Drive communities while the West Side features beach-studded Kitsilano.

When prizes are handed out for the “best place to live in the world”, Vancouver regularly gets one. A city with glass tower blocks, an exciting cultural life and a cosmopolitan population that includes newcomers from Asia, as well as home-grown Canadians and first-generation Europeans. And nowhere is this ethnic mix more representative than on a plate in one of Vancouver’s atmospheric restaurants.

The Top 5 Things for SOHN Registrants to do in Vancouver, Canada

Walk the Seawall around Stanley Park - This is the most beautiful two hour walk in the world. You can not say you have visited Vancouver until you have walked the seawall. Start at Lost Lagoon and wind your way around the world's largest park in a city centre (it's even bigger than Central Park in New York). Once you have completed the walk which loops around the park you will end up at English Bay. On your walk you will enjoy wonderful vistas of the Vancouver skyline, the mountains and ocean as well as many landmarks including totem poles, the Lion's Gate Bridge, Siwash Rock, Lumberman's Arch, the Nine O'clock Gun and the sculpture of the Lady in the Wetsuit.

Visit the University of British Columbia's Museum of Anthropology and Nitobe Gardens - The UBC Museum of Anthropology has the best public display of West Coast Native art in the world. The museum is located on a cliff overlooking Burrard Inlet which is the perfect setting to house this world-class museum. The Grand Hall features about 20 totem poles and a glass wall which gives a breathtaking impression that the hall is outdoors and is one with the mountains and ocean. One unusual feature of this museum is that the majority of the collection is housed in drawers which can be viewed by the public. Next to the museum you will find Nitobe Memorial Gardens which are a traditional Japanese garden. The gardens are a hidden gem on the UBC peninsula.

Take a harbor cruise - Vancouver is reputed to have one of the three most beautiful harbors in the world. Make sure you take some time to enjoy a cruise on the harbor. Cruises take in all of the beauty that Vancouver has to offer. You can also take an extended tour (about 4 hours) and cruise up the inlet as far as Indian Arm which is a coastal fiord.

Explore Yaletown - Yaletown is Vancouver's trendy and upscale renovated warehouse district. This fresh urban neighborhood is just an easy walk from the centre of downtown Vancouver or a quick ferry ride from Granville Island. Yaletown's converted heritage buildings are home to some of city's top fashion and design shops, as well as cutting edge restaurants and bars. Old loading docks act as giant sidewalks and create a unique setting for wandering, shopping, or lounging at one of the many outdoor patios.

Explore Granville Island - Granville Island is a magical place and a must see for any visitor to Vancouver. It is considered to be part of downtown Vancouver, along with areas such as Gastown, Chinatown, West End, Stanley Park, Canada Place and Robson Street.

Granville Island has Vancouver's best public market where you will be able to enjoy the market as well as numerous arts and crafts stalls and shops. There are also a number of art galleries, cafes, restaurants, a brewery and a hotel. Popular spots include several coastal art galleries, glass blowing studios, a theatre, yachting stores and cooking stores.

Request for Absentee Ballot

Please send an absentee ballot for the 2013 Society of Otorhinolaryngology and Head-Neck Nurses election. I understand that mailing of this ballot to me in the manner and form approved discharges SOHN's responsibility to me in the matter of absentee voting. I further understand that requesting an absentee ballot removes my name from the list of eligible voters at Congress. Absentee ballots must be received at SOHN Headquarters by **September 14, 2013**.

"Request for Absentee Ballot" must be received at SOHN Headquarters by **August 10, 2013**.

No "group requests" will be honored. Send "Request for Absentee Ballot" to:

SOHN
207 Downing Street
New Smyrna Beach, FL 32168
or fax this form to 386-423-7566
or include this information in an emailed request to sohn1@earthlink.net

Name

Address

City

State/Zip

Signature (Required to receive ballot)



Attention All SOHN Students!!!

We want to help PAY for your professional education!

Apply by July 1st for an educational scholarship to pursue your studies

- Allied Health to BSN degree
- RN to BSN degree
- Graduate Degree Scholarship Awards \$1,000 - \$1,500

Society of Otorhinolaryngology & Head-Neck Nurses 37th Annual Congress

Register Early

- Save money
- Save time
- Poster displays
- Comprehensive ORL – Head and Neck Nursing Course
- ORL Nursing Pharmacology Course
- More than 55 educational offerings
- Exhibits

Join us for

- President's Reception
~ An Evening at the Vancouver Lookout
- ENT-NF Annual Benefit
- Annual Business Meeting
- Stepping Forward for the Foundation Walk

See the May Update for registration forms or register online at www.sohnnurse.com

Congress 2013 Highlights

Keynote Address

Saturday, September 28 • 2:00 p.m.



Leadership in Nursing: It's Time for a Crucial Conversation

Barbara Trehearne, PhD, RN

Dr. Trehearne is Vice President of Clinical Excellence, Quality, and Nursing Practice and currently interim Vice President for Primary Care for Group Health Cooperative in Seattle, Washington. She is responsible for supporting clinical excellence and quality throughout the care delivery system, providing leadership for the development and support of nursing professionals at Group Health, and for Infection Control and Employee Health.

An active participant in local, regional and national nursing issues, Dr. Trehearne has long advocated for the continued development of nursing leaders. Through her membership in the Northwest Organization of Nurse Executives, she founded and developed with other colleagues the Northwest Nursing Leadership Institute to prepare future leaders in nursing. She also coordinates an off campus baccalaureate completion program for Group Health RNs and lectures in undergraduate and graduate programs in the Seattle area. She has been instrumental in the development and design of multiple educational programs for nurses. She teaches extensively in the area of leadership, clinical delegation, scope of practice and professional nursing practice. Her doctoral dissertation examined the role of the nurse executive and perceptions others have about the role.

Invited Guest Speakers

Featured Session

Monday, September 30 • 10:45 a.m.



The Affordable Health Care Act (ACA) 2013

Eileen Cody, BSN, RN, State Representative - Washington

The SOHN Government Relations Committee presents an open session, "The Affordable Health Care Act (ACA) 2013". The Honorable Eileen Cody, State Representative-Washington will discuss the latest progress of the ACA. Eileen Cody is currently serving as the chair of the House Health and Wellness Committee and has focused much of her efforts on health care policy, particularly prescription drug reform. Eileen Cody is a registered nurse who specializes in rehabilitation nursing.

Closing Session

Tuesday, October 1 • 1:45 p.m.



What Determines Our Health — From Genetics to Social Justice

Helene J. Krouse, PhD, ANP-BC, CORLN, FAAN

This session will examine various determinants of health such as social, physical, biological/ genetic and health policy that impact individuals, families and communities.

Dr. Helene Krouse is a Professor at Wayne State University, College of Nursing in Detroit, Michigan. She is nationally certified as an Adult Nurse Practitioner (ANP-BC; NP-C) and Otorhinolaryngology-Head and Neck Nurse (CORLN). Dr. Krouse has investigated influences

on respiratory health and quality of life for over 20 years. Her research has predominantly focused on biological, environmental, and social determinants on respiratory health. She has conducted novel research on inflammatory biomarkers in asthma and allergy related to sleep and functionality. Her research focus also extends to determining the effects of exposure to environmental pollutants and toxins on health risk, lung function, and symptom management in children and adults.

Dr. Krouse has published extensively in the area of asthma and allergic disease as well as served on several multidisciplinary panels. She has published over 70 articles and book chapters in the

fields of nursing, medicine, and psychology. Dr. Krouse is a fellow in the American Academy of Nursing and national past president of the Society of Otorhinolaryngology and Head-Neck Nurses. She has served on the editorial board of ORL-Head and Neck Nursing and was the first nurse appointed to the editorial board of Otolaryngology-Head and Neck Surgery, the official journal of the Academy. She was named a "Journal Star Reviewer" for Otolaryngology-Head and Neck Surgery in 2010 and again in 2012. Dr. Krouse has mentored numerous graduate nursing students on research projects, masters' theses, and doctoral dissertations throughout her career.

Noteworthy Courses and Events

Opening Ceremony

Saturday, September 28 • 1:15 p.m.

Plan to attend the Opening Ceremony and show your support to friends and colleagues and celebrate the accomplishments of the Society, the activities of our countless volunteers and the achievements of our members. SOHN President, Mary Huntoon will preside over this exciting event!

ORL Nursing Pharmacology Course

Friday, September 27

8:00 a.m. – 4:30 p.m.

(ticketed course – additional fee)

Topics include:

- Asthma Management- A Stepwise Approach
- My Patient's on Anticoagulants, So Now What?
- Pharmacologic Management of Otitis Externa and the Draining Tympanostomy Tube
- Help ... My Bones are Breaking
- Help ... It's My Sinuses: Overview of Pharmacologic Treatment of Sinusitis
- Antibiotic Prescribing in ENT Conditions
- Pain in the Neck?

Comprehensive ORL and Head-Neck Nursing Course

Friday, September 27

8:00 a.m. – 3:15 p.m.

Course continues on

Saturday, September 28

8:00 a.m. – noon

(ticketed course – additional fee)

The overall purpose of this course is to provide the ORL nurse with an overview of common ear, nose and throat problems/ disorders and their management. The material has been divided into sections to include on Friday: Otology; Pediatric Otolaryngology; and Disorders of the Nose, Sinuses and Oral Cavity. On Saturday: Head and Neck Disorders; and Treatment Modalities for Head and Neck Cancer sections. Each of the anatomical sections will review the normal anatomy, common disorders, etiology, symptoms, diagnostic evaluation and management. The course is ideal for the nurse who is new in the otolaryngology specialty or for the seasoned ORL nurse seeking a good review.

ENT-NF Lectureships

The Ear, Nose and Throat Nursing Foundation is pleased to present and underwrite the following sessions this year:

Cynthia Mabry Otolaryngic Allergy Lectureship

Note: New Date and Time

Monday, September 30

1:15-2:15 p.m.

Innovations in Sinus Surgery:

The Role of Balloon Sinuplasty

Michael S. Benninger MD

Kalynn Quinn Hensley Head-Neck/Laryngology Lectureship

Monday, September 30

2:30-3:30 p.m.

Care of Tracheotomy and

Laryngectomy Patients: Increased Quality of Life

Penelope Stevens Fisher

MS RN CORLN

Lois Moore-Rogers Pediatric Otolaryngology Lectureship

Sunday, September 29

9:00 -10:00 a.m.

Health Literacy in Pediatric Health Care

Laurie Newton DNP RN APNP

2013 SOHN CALENDAR

Events/Deadlines

June

- 24 Poster Application Deadline

July

- 1 Chapter Excellence Award Application Deadline
1 Clinical Excellence Award Application Deadline
1 Honor Award Application Deadline
1 Scholarship Application Deadline
1 Forming Chapter Bylaws Deadline

August

- 31 CORLN Examination Application Deadline

September

- 27-October 1
SOHN 37th Annual SOHN Congress – Vancouver, British Columbia, Canada

October

- 5–19 CORLN Examination Testing Period
15 Call for Abstracts 2013 Congress & Spring Seminar Series

November

- 1 Midwinter Board Meeting Guest Attendee Application Deadline
1 Nurse in Washington Internship Application Deadline
15 Lois Moore-Rogers Lectureship Deadline
30 Research Forum Abstracts Deadline

December

- 15 Nominations for Outstanding Service Award Deadline
15 Nominations for Friend of SOHN Award Deadline

Upcoming SOHN Educational Events

1st Annual Utah ORL Nurses Summer Meeting

June 22, 2013
Greater Salt Lake City Chapter
4 nursing contact hours
Contact: Becky Bell
a.rebecca.bell@hsc.utah.edu

SOHN's 37th Annual Congress & Nursing Symposium

Majestic Vancouver: Advancing ORL Nursing
Vancouver, British Columbia, Canada ~
September 27 - October 1, 2013
www.sohnnurse.com

Noteworthy Courses and Events continued

Posters

Posters will be displayed and available for viewing during Congress. Posters will reflect various administration, education, clinical practice, and research topics of interest to ORL nurses. This is a wonderful opportunity to share your knowledge with other ORL nurses. There are monetary rewards for outstanding posters at Congress. Do not miss this opportunity to share your ideas and possibly win one of the poster awards. Applications are available on the SOHN website with the other conference information.

Application Deadline ~ June 24

Getting to Know You in Vancouver (An Insider's Secrets to Congress 2013)

*Saturday, September 28
8:00 – 8:45 a.m.*

Each year a number of attendees come to SOHN's Congress for the first time. If you are a first-timer, choose to attend the First-Timer's Attendee Orientation. First-Timers will be greeted by SOHN's National Congress Planning Committee and many volunteers who have "been there and done that". In addition to meeting other first-time attendees, you will hear insider's secrets to help you get the most out of Congress 2013.

ENT-NF Annual Benefit

Saturday, September 28 – Monday, September 30. Awarding of prizes: Monday at 12:45 p.m.

The very entertaining and outrageous ENT-NF Annual Benefit offers unique gifts and prizes that have been generously donated. By participating in the event you can win great items while promoting the work of the Foundation. Benefits: Priceless.

Meet and Greet Wine and Cheese Reception

*Sunday, September 29
5:30 – 7:00 pm*

Join friends old and new and relax after a busy day at Congress 2013. Stroll leisurely through the poster presentations and learn new techniques or practices. Meet the Candidates and hear their positions. Greet the Board of Directors and let them inspire you to be involved. Mingle with the local chapter members and view their displays. Participate in the ENT-NF Benefit. Enjoy a taste of Vancouver artisanal cheeses, specialty breads and fresh fruit. Cash bar. A perfect way to end your day!

Stepping Forward for the Foundation

*Sunday, September 29
7:00 - 8:00 a.m.
(ticketed event – \$35)*

Rise and shine and walk for the ENT-NF (SOHN's Foundation)! Join our walk leader, Anne Bigelow, on another one of her exciting and adventuresome journeys. This year's course takes you to one of the most famous parks in the world - Stanley Park. Ideally situated on a peninsula at the northwestern edge of downtown Vancouver (adjacent to the Westin Bayshore), Stanley Park is one of the city's main tourist attractions. Photo opportunities abound along the trail and include Coal Harbor, Brockton Point Lighthouse built in 1914, Canada's largest aquarium, the totem pole display and Lumberman's Arch.

In addition: Invite colleagues, family and friends to sponsor your walk in the park. Chapter members join the Chapter Challenge and walk for the Foundation. All donations will benefit ENT-NF Scholarships, Lectureships, ORL Education and Research.

Each participant will receive a limited edition 2013 Foundation T-shirt.

Grand Opening of SOHN Exhibit Hall

Sunday, September 29 • 10:00 a.m.

Hours: Sunday 10:00 a.m. – 4:30 p.m.

Monday 8:00 a.m. – 4:00 p.m.

Don't miss the ribbon-cutting event that marks the official opening of the Exhibit Hall. Refreshments will be served as you view displays reflecting the state of the art in technology, products and services. With cutting edge products and services showcased throughout the exhibit hall, this is truly a highlight of the annual meeting. You're guaranteed a solid return on investment for the time you spend with company representatives and you'll walk away with new ideas to improve your practice. Attendees who complete their Exhibit Viewing Card will have a chance to win a free 2014 Congress Registration!

CORLN Luncheon

Sunday, September 29

11:30 a.m. – 12:45 p.m.

(ticketed event – \$35)

Sponsored by the National Certifying Board for Otorhinolaryngology and Head-Neck Nurses (NCBOHN)

We are proud of our CORLNs! It's time to gather again and meet informally with CORLNs from around the country while enjoying a special luncheon designed expressly for our certified nurses. Please bring two test questions to add to our test item bank.

SOHN President's Reception ~ An Evening at the Vancouver Lookout

Saturday, September 28

6:30 – 8:30 p.m.

(ticketed event – \$69)

Your Vancouver sightseeing experience starts at the Vancouver Lookout! Where else can you enjoy a 360° aerial view of Vancouver, "the most beautiful city in the world"? Your adventure begins with a 40 second glass elevator ride, whisking you 553.16 ft (168.60 m) skyward to a panoramic observation deck. Enjoy intimate views of cosmopolitan Vancouver, historic Gastown and bustling Coal Harbour. Look beyond for enchanting views of stunning natural landscapes including world famous Stanley Park, the Pacific Ocean, the majestic North Shore Mountains and the Olympic Peninsula Mountains. Ticket price includes: Admission to the Lookout, Hors d'oeuvres and specialty platters, one drink ticket, round trip transportation, cash bar, great networking with your colleagues and a priceless view!

Society of Otorhinolaryngology and Head-Neck Nurses Business Meeting

Monday, September 30

3:45 – 5:00 p.m.

Join the SOHN Officers and Board Members for the Annual Business Meeting. Elect new officers and learn what is happening in your association. All registrants are welcome to attend.

A Warm Welcome to New SOHN Members

Kim M. Aberman <i>Westbury, NY</i>	Tracy D. Mahoney <i>Deerfield, NH</i>
Martha Jo Amulraj <i>Oak Park, IL</i>	Shirley M. McKenzie <i>Houston, TX</i>
Uchechi Anyalebechi <i>Centreville, VA</i>	Dianne C. Montenero <i>Brown Deer, WI</i>
Lilian C. Bayaya <i>River Edge, NJ</i>	Robert M. Montgomery <i>Sacramento, CA</i>
Kaleelah Branche <i>Solon, OH</i>	Brandie D. Morrell <i>Rock Springs, WY</i>
Sandra Brisben <i>Oak Park, IL</i>	Michelle D. Nowak <i>Fort Wayne, IN</i>
Anita L. Carey <i>College Pk, GA</i>	Rosemary Patel <i>Mullica Hill, NJ</i>
Robbin R. Eivins <i>Williamsburg, IA</i>	Mary K. Penkwitz <i>Houston, TX</i>
Ashley E. Fenske <i>Fitchburg, WI</i>	Emily Reyes <i>Jersey City, NJ</i>
Barbara Flores <i>Albuquerque, NM</i>	Jennifer S. Schmidt <i>Sioux Falls, SD</i>
Virginia I. Grandos <i>Belleville, NJ</i>	Jacquelyn Schmit-Hoffman <i>New York, NY</i>
Karen L. Grayson <i>Topeka, KS</i>	Henedia V. Sirilan <i>New York, NY</i>
Mary J. Greeno <i>Fairport, NY</i>	Laura L. Slipp <i>Calgary, Alberta, Canada</i>
Diane M. Grippe <i>Chardon, OH</i>	Valerie A. Smith <i>Pinson, AL</i>
Jennifer L. Hill <i>Pleasant Hill, IA</i>	Katherine Tommerdahl <i>Chapel Hill, NC</i>
Catherine Hontiveros-Tuazon <i>Sunnyside, NY</i>	Linnea Van Pelt <i>Haw River, NC</i>
Shirley A. Infante <i>New York, NY</i>	Rosalee Vitko <i>New York, NY</i>
David W. Irby <i>New York, NY</i>	Chrissy Vojtus <i>Brunswick, OH</i>
Erica L. Lee <i>Birmingham, AL</i>	Olga Whyte <i>New York, NY</i>

THE SOHN Store

- Shirts
- Hats
- Bags
- Coffee Mugs
- and much more!

www.cafepress.com/sohnstore

ENT-NF Wall of Honor

"to honor, to thank, to cherish the memory"

Gifts Have Been Received in Honor of:

Hope Andresen's Retirement

by Mark Andresen

Donate online click on the "Click to Donate" button on SOHN's homepage
www.sohnnurse.com

Proposed SOHN Bylaws Change

The SOHN Bylaws are the foundation upon which our Society is built. We have depended upon these words of wisdom to guide us. However, an important aspect of Bylaws is the ability to revise and change the document as the nursing profession, and our Society, evolves. Your SOHN leadership has undertaken an extensive review of other nursing organizations and associations concerning how their Bylaws are written and whether the section on Standing Committees is included in their Bylaws or Policy /Procedure Manuals. The majority of the reviewed nursing organizations and nursing associations have included the section of Standing Committees in their Policy and Procedures documentation.

Our Society has had some necessary changes in the area of Standing Committees, specifically a melding of the Nursing Practice and Research Committees into the Nursing Practice and Research Committee. Additionally, some of the Standing Committees enumerated in Bylaws also are highlighted in the SOHN Policy/ Administrative Manual, resulting in duplication and confusion.

When changes are proposed in Bylaws, the proposal must be presented to the membership in a sufficient time frame to allow for thorough review and discussion prior to taking a vote at the Annual Business Meeting at the SOHN Congress and Nursing Symposium in the fall. Your Board of Directors, Executive, Bylaws and Policy Committees have discussed this issue at length, and consensus is that we recommend the membership support the proposed change to the bylaws.

Proposed SOHN Bylaws Change

Article IX Committees

Purpose: Remove specific language regarding standing committees from the bylaws and move the information to the SOHN Policy/ Administrative Manual.

Rationale: Will enable SOHN Board of Directors to make more timely revisions to committee function and structure. Changes to the SOHN Bylaws can only be made on a yearly basis at the Annual Congress Business Meeting.

Article IX currently reads as follows:

SECTION 1: Subcommittees of the Board of Directors

- A. Executive Committee: The Executive Committee shall consist of at least three members, namely the President, the Vice President and one member of the

Board of Directors and an alternate appointed by the President with the approval of the Board of Directors. The committee shall:

1. Assist the President in expediting the business of the Society between meetings of the Board of Directors. A majority of the committee present shall constitute a quorum.
2. Serve as the national credentials committee.
3. The President shall submit a report to the Board of Directors on all actions taken by the Executive Committee during the interim prior to any Board of Directors meeting.

B. Policy Committee:

1. Shall consist of a chairman and at least two (2) members of the Board of Directors.
2. Shall establish policies which interpret and implement the bylaws of the Society.

SECTION 2: Standing Committees

The standing committees of the Society shall be appointed annually by the President with the approval of the Board, except as otherwise provided in the bylaws or the order creating same. Each committee shall consist of a chairman and at least three (3) members, and a majority of the members shall constitute a quorum.

A. Bylaws Committee:

1. Shall review the bylaws and submit recommendations to the Board of Directors.
2. Shall review member's suggestions for amendments before submission to the Board of Directors or House of Delegates for action.
3. Shall prepare standard chapter bylaws for chapters. The chapter may submit additions for evaluation and approval.
4. Shall review and approve bylaws of SOHN chapters, and submit recommendations for amendment or revision.
5. Shall review and approve amendments to SOHN chapter bylaws before they become effective.

B. Budget and Finance Committee: The Budget and Finance Committee shall prepare the annual budget for presentation to the Board of Directors and monitor financial activities of the Society.

C. National Membership Enhancement Committee: the National Membership Enhancement Committee shall promote the growth and development of the membership and chapters of the Society.

- D. National Education Committee: The National Education Committee shall act in an advisory capacity to plan and implement approved educational programs. This committee will consist of a Director and chairs of sub-committees.
- E. National Nursing Practice Committee: National Nursing Practice Committee shall address both clinical and professional practice issues in ORL and Head-Neck Nursing to promote quality care.
- F. Government Relations Committee: The Government Relations Committee shall monitor current health care legislation and communicate said information to the Board of Directors and the membership. This committee may recommend to the Board of Directors proposed policy statements regarding current legislation.
- G. Strategic Planning Committee: The Strategic Planning Committee shall analyze the impact of SOHN and professional nursing on society, monitor current nursing trends and apply such knowledge to the development of future society goals.
- H. The Research Committee shall stimulate interest in ORL nursing research. The goals of this committee shall be to teach ORL nurses how to initiate nursing research and incorporate their findings into their individual practices; to present current research abstracts and projects relevant to ORL nursing; and to demonstrate how ORL nurses can be active participants in the research process.
- I. The Scholarship and Awards Committee shall assist in the development of awards and scholarships and shall recommend to the Board of Directors persons eligible for such honors and recognition.

SECTION 3: Special Committees

Special Committees may be appointed by the President and cease to exist when the purpose for which they were created is completed.

SECTION 4: Committee Reports

Each committee chairman shall submit a written report at the annual and mid year meetings of the Board of Directors and to the House of Delegates at the Annual Congress.

If approved, the new bylaws would read as follows:

ARTICLE IX

Committees

SECTION 1: Subcommittees of the Board of Directors

- A. Executive Committee: The Executive Committee shall consist of at least three members, namely the President, the Vice President and one member of the Board of Directors and an alternate appointed by the President with the approval of the Board of Directors. The committee shall:
 1. Assist the President in expediting the business of the Society between meetings of the Board of Directors. A majority of the committee present shall constitute a quorum.
 2. Serve as the national credentials committee.
 3. The President shall submit a report to the Board of Directors on all actions taken by the Executive Committee during the interim prior to any Board of Directors meeting.
- B. Policy Committee:
 1. Shall consist of a chairman and at least two (2) members of the Board of Directors.
 2. Shall establish policies which interpret and implement the bylaws of the Society.

SECTION 2: Standing/Ad Hoc Committees

The President may create committees to support SOHN's mission and strategic plan with the approval of the Board of Directors. Each committee shall consist of a chairman and at least three (3) members, and a majority of the members shall constitute a quorum.

SECTION 3: Special Committees

Special Committees may be appointed by the President and cease to exist when the purpose for which they were created is completed.

SECTION 4: Committee Reports

Each committee chairman shall submit a written report at the annual and mid year meetings of the Board of Directors and to the House of Delegates at the Annual Congress.

Specific information about standing committees will be moved to the SOHN Policy/Administrative Manual.

Respectfully Submitted:

*Sharon Jamison, BSN, RN, CORLN- Treasurer,
Chairperson – Bylaws Committee*

*Deena B. Hollingsworth, MSN, FNP-BC, CORLN, Vice
President, Chairperson – Policy Committee*

Meet The Candidates

Election Notice

The Slate of Candidates for the SOHN Election 2013 is presented on the following pages. All Full Members of SOHN are eligible to vote. Voting shall take place at the SOHN Annual Congress. Full Members who do not attend Congress may request an absentee ballot (by filling out a "Request for Absentee Ballot" form printed on page 3). A "Request for Absentee Ballot" form must be received by SOHN no later than August 10, 2013. The deadline for receipt of the absentee ballot in the SOHN office is September 14, 2013.

Candidate for the Position of: Treasurer Ramute Kemeza BSN RN



- Bachelor of Science in Nursing from Mount Saint Mary College in Newburgh, New York, 1980
- Member of SOHN and the Chicago Chapter for over 11 years. Chicago Chapter Vice-President for two years and President for five years. I have served as chairperson for the past nine years

for our chapter's educational conferences which is attended by ORL nurses from five states. Recruited chapter members for duties on the day of the conference as well as obtaining support from our vendors. Coordinator for chapter ENT-NF raffle. I have been a speaker/presenter at our Chicago Chapter meetings as well as Congress.

- Elected to Board of Directors in 2011, attending Midwinter Board of Directors Meetings 2012 and 2013.
- Elected to Nominating Committee in 2009, serving as chairperson of Nominating Committee in 2011.
- Member of the National Education Committee and have served as moderator and coordinator at multiple congresses.
- SOHN Chapter Coordinator - In this role I developed a useful planning toolkit to assist chapters to have a successful educational conference on a local level. Another toolkit was developed to assist new chapters to be chartered.
- As Chapter President, I initiated a fundraising opportunity to create funds to increase Oral Head and Neck Cancer Awareness in the Chicagoland area.
- Member of AORN for four years. I served as a delegate from Illinois at the AORN Congress 2010.
- I have been at Loyola University Health System in Maywood, Illinois for 27 years and have had

the privilege to be the ENT team leader in the Ambulatory Surgery Center OR for over 12 years as well as the charge nurse.

- Served as a member of the LUHS Laser committee, Clinical Products Committee, Employee Health Fair Committee, Loyola Stritch School of Medicine Wellfest Committee as well as serving on the Nursing Quality Safety Council.
- Served as chairperson of the Audit Committee for the Lithuanian-American Community Waukegan-Lake County Chapter.
- Member of the Lithuanian Scout Association, Scouter Level.

Position Statement:

I have been actively participating in my local chapter and the national organization for the past 11 years. Our Chicago Chapter has thrived over the years due to a core of dedicated members who show their desire to do "the right thing".

As a personal goal, I am committed to volunteer my skills, knowledge and time to serving you, the SOHN nurse, as treasurer. I am exploring the future possibilities for SOHN. But I need you to also make a resolution, by committing to take the time to get to know me. I want to take an active part in deciding the future of our society. SOHN is not an organization of one person, but of all members working together. Each and every ONE of you are SOHN!

As Mahatma Gandhi is quoted as having said, "The difference between what we do and what we are capable of doing would suffice to solve most of the world's problems." I am taking the step to committing to being part of SOHN's future.

Please consider me as a qualified candidate to represent you as treasurer.

Candidate for the Position of: Board of Director Cheryl Brandt MSN RN ACNS-BC CORLN



Years of SOHN membership:
13 years

Educational Background/Significant Achievements/Career Highlights/Awards/Committee Work/Publications/Other:

- BSN 5/91 from Ursuline College, Pepper Pike, Ohio
- MSN 5/03 from Kent State University, Kent, Ohio with a Post Masters Teaching Certificate in 12/03 from Kent State University, Kent, Ohio

- Actively involved at the local and national level for SOHN: Board of Directors Member for the National Organization since 1/12; Board Member Liaison to the Education Committee; Cleveland Chapter President since 4/09; Education Committee Member; Nurse Planner; CORLN Review Course Faculty Member & have presented in Cleveland, OH 6/09, Las Vegas, NV 4/10, and Cedar Rapids, IA 5/10; 4/07 Co-chair SOHN Spring Seminar Series & 21st Annual Pediatric ORL Nursing Spring Meeting; 9/08 Planning Committee Member SOHN 32nd Annual Congress & Nursing Symposium; 10/09 Co-chair SOHN 33rd Annual Congress & Nursing Symposium; 9/10 Chairperson SOHN 34th Annual Congress & Nursing Symposium; 9/12 Chairperson 36th Annual Congress Pharmacology Day; Mentoring the Chairperson for the 37th Annual Congress Pharmacology Day; Presentations at local and national meetings: Acute Pain Management for ENT Surgical Patients (9/07), End of Life Issues for Head & Neck Cancer Patients (9/07), Herb Goes To Surgery...Or Not. An Overview of Herbal Use and Things Nurses Need to Remember about Herbs in the ENT Patient (5/10, 9/10 & 10/10); One published article in the SOHN Journal (Obstructive Sleep Apnea in Head & Neck Cancer Patients Post Treatment...Something to Consider? 2003); 1/11 Midwinter Board Meeting Guest Attendee
- 2006 "Best of the Best" Northeast Ohio Nurses (Award) - This award is done through patient nomination
- 4/28/09 Cancer Talk Live: Practical Answers to Key Clinical Challenges: Optimizing Patient Outcomes in Head and Neck Cancer Panelist
- 2011 AAO-HNS panel member for the Tracheostomy Clinical Consensus Statement
- Recorded a Pod cast on the Tracheostomy Clinical Consensus Statement

Affiliation with SOHN and Other Professional Organizations:

Member of SOHN, National Association of Clinical Nurse Specialists, Oncology Nursing Society, Sigma Theta Tau International and National League for Nurses.

Qualifications for this position:

I have been an active member of the organization for 13 years. I have been involved in several different committees. I was one of the members that helped revitalize the once inactive Greater Cleveland Chapter of SOHN. I have been a member of the Board of Directors for the past two years serving you the members.

Position Statement:

Fellow SOHN members, I respectfully request your support and vote for another two years as a member of the Board of Directors. I learned a lot in this past 1 ½ year, but I feel there is still so much more for

me to learn, and do for you the membership and this organization. During my current service as a member of the Board, I have learned that SOHN networks with other organizations, sharing ideas on growth and development to help keep the organization vital; works together on areas of interest such as clinical guidelines and consensus statements. I have taken this insight and new skill set and with the help of my local chapter members in Cleveland applied it at the local level. We have begun to reach out and work with other groups to make a difference in the lives of those in our community: Head & Neck Cancer Screenings; partnering with MedWorks; helping to make blankets for the homeless in our area; we are now in the process of doing some lunch and learns for a local company.

Over the years, I have had the support and encouragement of many members of SOHN. I have learned, grown and been challenged by these great nurses. As a result of this support and encouragement, I became a member of the board in 2012 to give back to this wonderful organization, and to continue to grow personally and professionally. What was most important to me was and still is to be the voice of YOU, the SOHN membership. To take your concerns, suggestions and ideas to help this organization grow and remain strong is these ever changing times. I am hoping you will afford me the opportunity to represent and serve you as a member of the Board of Directors for another two years.

Candidate for the Position of: Board of Director

Anne DeLeo CRNP CORLN



I have been an active member in SOHN for the last 15 years. After pursuing my Masters in Nursing from the University of Pennsylvania, an opportunity opened for me in the Division of Pediatric Otolaryngology. I have had the pleasure of being a Pediatric Otolaryngology Nurse Practitioner at The Children's

Hospital of Philadelphia since 1998. Over the last 15 years I have been able to grow as a Nurse Practitioner working side by side with our surgeons as well as building our Pediatric Aero-Digestive Center.

My interest in SOHN started with our local SEPA chapter in 2002 as vice president. As Vice President I had the opportunity to lecture about my special interest in pediatric tracheotomy as well as the multiple changes that were occurring in nursing practices. In 2002 I became CORLN certified.

While attending a national SOHN meeting, I became interested in participating on a national level. I started as Pediatric SIG Leader from 2003-2005 and a member of the Education Committee from 2003-2012. During this time I was able to work with the Education Committee

and coordinate the Pediatric Spring Meetings from 2003-2005. In 2005, I had the opportunity to publish as co-author with Paula Dimmitt in *ORL- Head and Neck Nursing* on Upper Airway Endoscopy. From 2007-2009, I was on the Nominating Committee.

I was the guest attendee of the Midwinter Board Meeting in January 2013. It was amazing to see this dedicated group work together to improve our organization, encouraging educational growth and leadership and development.

With my SOHN experiences on both a local and national level, I believe I would be an excellent candidate for the position on the Board of Directors and would be honored to serve our members in this position.

Candidate for the Position of: Board of Director

Tara DiFabio MSN CRNP CORLN



Years of SOHN membership:
15 years

Educational Background:

- Masters of Science in Nursing – Oncology Nurse Practitioner, May 2007, Thomas Jefferson University, Philadelphia, PA

- Bachelor of Science in Nursing, May 1997, Thomas Jefferson University, Philadelphia, PA

Significant Achievements/Career Highlights/Awards/Committee Work:

- Invited to be Adjunct Clinical Faculty, Thomas Jefferson University School of Nursing, July 2010 - present
- Nominated for Jefferson University Physicians, Service Excellence Award – May 2008
- Guest Attendee at SOHN Midwinter Board Meeting – 2007
- Recipient of the SOHN Clinical Excellence Award – 2006

Publications:

- Prevalence of Complementary and Alternative Medicine Use Among a Population of Head and Neck Cancer Patients: A Survey-Based Study. Miller MC, Pribitkin EA, DiFabio, T, Keane WM. Ear Nose Throat J. 2010; Oct:89 (10):E23-7.

Affiliation with SOHN and Other Professional Organizations:

- SOHN Board of Directors 2010 – present
- SOHN Nominating Committee Member 2007-2009
- Society of Otolaryngology Head-Neck Nurses (SOHN) 1997-Present
- Oncology Nursing Society 2008-2009
- American Society of Plastics and Reconstructive Surgical Nurses (ASPRSN) 1997 - 1999

- Presenter at SOHN annual conference – “Tobacco Cessation”, October 2009, San Diego, CA
- Presenter at SOHN annual conference – “Sialoadenitis/Parotitis”, September 2008, Chicago, IL
- Presenter at SOHN annual conference – “Complementary and Alternative Medicine in Head and Neck Cancer” – September 2006, Toronto, Canada
- Special Interest Group Leader – Head and Neck Special Interest Group, September 2006 - Present
- Office-Based Practice Special Interest Group, September 2009
- Presenter at SOHN annual conference – “Anti-Aging”, September 2004, New York, NY

Qualifications for this position:

I have been working in otolaryngology for over 16 years. Specifically, I have worked with head and neck cancer patients for the past 12 years. I have been an active member of SOHN for over 15 years, am currently on the Board of Directors, a previous Nominating Committee Member, the current Head and Neck SIG leader, and have presented at conference on multiple occasions.

Position Statement:

I have been working in otolaryngology for over 15 years, and more specifically with head and neck cancer patients for the past 12 years. My involvement in SOHN has been fairly extensive, including being an active member of the Board of Directors, the Head and Neck SIG Leader for the past several years, a frequent presenter, and a former Nominating Committee Member. My ability to recognize current trends in the treatment of head and neck cancer, awareness of current legislation, strong leadership skills, and ability to recognize leadership qualities in others would be an asset to the leadership in the SOHN organization.

Candidate for the Position of: Board of Director

Wendy Mackey MSN APRN-BC CORLN



Years of SOHN membership:
10 years

Educational Background/Significant Achievements/Career Highlights/Awards/Committee Work/Publications/Other:

- Master's of Science in Nursing - Yale University, 1991-1993
- Bachelor of Science in Nursing - Laurentian University, Sudbury, Ontario, Canada, 1985-1989
- National Certifying Board for Otorhinolaryngology and Head-Neck Nurses- Certified Otorhinolaryngology and Head-Neck Nurse, CORLN. 2005. Recredentialed in 2010.

- American Nurses Credentialing Center- Clinical Specialist in Pediatrics, APRN, BC. 2002. Recredentialed in 2011.
 - Pending Publication- AAO Tympanostomy Tube Guideline.
 - Mackey, W., Gagnon, L., Dziedzic, M. (2012). Upper airway and sinus disease. In Tolomeo, C. (Eds.). *Nursing Care in Pediatric Respiratory Disease*. Wiley-Blackwell
 - Mackey, W. (2011). Disorders of the Ears, Nose and Throat. In Banasiak, N., Daley, A., Jackson-Allen, P., Mackey, W. (Eds.), *Nursing Review and Resource Manual: Pediatric Nurse Practitioner*, 3rd Edition. Maryland: American Nurses Credentialing Center.
 - Mackey, W. (2011). Gastrointestinal Disorders. In Banasiak, N., Daley, A., Jackson-Allen, P., Mackey, W. (Eds.), *Nursing Review and Resource Manual: Pediatric Nurse Practitioner*, 3rd Edition. Maryland: American Nurses Credentialing Center.
 - Mackey, W. (2011). Genitourinary Disorders. In Banasiak, N., Daley, A., Jackson-Allen, P., Mackey, W. (Eds.), *Nursing Review and Resource Manual: Pediatric Nurse Practitioner*, 3rd Edition. Maryland: American Nurses Credentialing Center.
 - Mackey, W. (2011). Eye Disorders. In Banasiak, N., Daley, A., Jackson-Allen, P., Mackey, W. (Eds.), *Nursing Review and Resource Manual: Pediatric Nurse Practitioner*, 3rd Edition. Maryland: American Nurses Credentialing Center.
 - Mackey, W. (in production). Common cysts. In N. Browne, L. Flanigan C. McComiskey and P. Pieper. (Eds.), *Nursing care of the pediatric surgical patient*, 3rd Edition. Massachusetts, Jones and Bartlett Publishers.
 - Mackey, W. & Manworran, R. (2007). Care of Children with Acute Pain: Operative, Procedural, and Traumatic. In N. Browne, C. McComiskey, L. Flanigan and P. Pieper. (Eds.), *Nursing care of the pediatric surgical patient*, 2nd Edition. Massachusetts, Jones and Bartlett Publishers.
 - Mackey, W. (2006), Contributor: The Child with Gastrointestinal Dysfunction. In M. Hockenberry and D. Wilson. (Eds.), *Wong's Nursing Care of Infants and Children*. New York: Mosby.
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 - Mackey, W. (2002), Reviewer: The Child with Gastrointestinal Dysfunction. In M. Hockenberry, D. Wilson, M. Winkelstein, and N. Kline. (Eds.), *Wong's Nursing Care of Infants and Children*, New York: Mosby.
 - Mackey, W. (2001). Spit happens: Gastroesophageal reflux, *All About Baby and Child*.
 - Mackey, W. (2000). Pediatric pain management. In B. Wise, C. McKenna, G. Garvin & B. Harmon (Eds.), *Nursing care of the general pediatric surgical patient*. Maryland: Aspen Publications.
 - Mackey, W. (1999), Reviewer: The Child with Gastrointestinal Dysfunction. In D. Wong, L. Whaley (Eds.), *Whaley and Wong's Nursing Care of Infants and Children*, 6th Edition. New York: Mosby.
 - Mackey, W. (1999). Easing the pain of circumcision. *All About Baby*. 3(1), p. 9.
 - Mackey, W. (1996). Misconceptions about pediatric pain, *Suture Line*. 4(4).
- Affiliation with SOHN and Other Professional Organizations:**
- Society of Otolaryngology and Head and Neck Nurses. 2003-present
 - Society of Otolaryngology and Head and Neck Nurses, Congress Program Co-Chair. 2009-2011
 - Society of Otolaryngology and Head and Neck Nurses, Congress Program Committee. 2008-2011
 - Society of Otolaryngology and Head and Neck Nurses, Nominations Committee. 2010-present. Committee Chair 2012.
 - Society of Otolaryngology and Head and Neck Nurses, Education Committee. 2006-present
 - Society of Otolaryngology and Head and Neck Nurses, Research and Clinical Practice Committee. 2008-present
 - Society of Otolaryngology and Head and Neck Nurses, Pediatric Special Interest Group Leader. 2006-2008
 - American Society of Otolaryngology-Head and Neck Surgery, Affiliate Member, 2006-present
- Qualifications for this position:**
- I believe my most important qualification for this position is my interest in the organization and professional nursing. I have strived to be a leader within this organization including Pediatric SIG Leader, SOHN Congress Chair, Nominating Committee Member including chairperson, involvement in the Education Committee and the Research and Clinical Practice Committee. I have served on many task forces including a recent one which revamped the Poster Presentation Guidelines and application. It would be an honor to serve SOHN in a valued leadership position on the Board of Directors.
- Position Statement:**
- It would be an honor to serve SOHN as a Board of Director. I feel that I have strong leadership skills that can be applied to the function and advancement of this organization. I have served in many capacities over the last 10 years in SOHN, and I strive to find new ways to contribute to this organization. I am a strong believer in the importance of nursing for its contributions to healthcare, education of patients and the public,

research and clinical practice. I hope to have a voice on the Board of this wonderful organization. Thank you for the opportunity to serve.

Candidate for the Position of: Nominating Committee Member

Cynthia Fox MS RN CORLN



Years of SOHN membership:
4 years

Educational Background/Significant Achievements/Career Highlights/Awards/Committee Work/Publications/Other:

- May 2012: Obtained MS degree in Health Sciences Leadership and Management with an Education Focus, University of Maryland School of Nursing, Baltimore.
- 2010 to date: Appointed to UMSON as Faculty Associate in the Department of Organizational Systems and Adult Health.

Affiliation with SOHN and Other Professional Organizations:

- 2003-2006: Member of the National Association of Orthopedic Nurses
- 2010: Certified Otorhinolaryngology and Head-Neck Nurse
- 2010 to date: Member of STTI, Pi Chapter
- 2011-2012: Elected Board Member of STTI, Pi Chapter, Leadership Succession Committee

Qualifications for this position:

Qualifications include 30 years of nursing experience and six years as a Clinical Instructor on an acute care floor caring for head and neck cancer patients. I have special interest in ENT/OMFS patients. I am also a CORLN and I would like to become more active in SOHN.

Position Statement:

I would like consideration for nomination as a member of the Nomination Committee for SOHN. Belonging to a national committee will allow me to share knowledge and experience with experts in otorhinolaryngology and enhance my practice, patient care and teaching endeavors. Membership to the Nominating Committee would allow me to identify qualified members with an interest to serve in an elected position in SOHN.

Candidate for the Position of: Nominating Committee Member

Kathleen Yappel Sinkko MSN CNP



Years of SOHN membership:
4 years

Educational Background/Significant Achievements/Career Highlights/Awards/Committee Work/Publications/Other:

I received my BSN at KSU (1988), received my NP certificate from Metrohealth NP program, Cleveland, OH (1991), and received my MSN from Case Western Reserve University (1998). I have been a certified Adult Nurse Practitioner for 21 years, of which almost 10 has been in ENT. I have experienced the growth and development first hand of Advanced Practice Nursing in the state of Ohio which has evolved through strong leadership. I gave a presentation at the SOHN National Convention in Washington, DC in 2012. Since attending that conference I knew that I wanted to become more involved.

Affiliation with SOHN and Other Professional Organizations:

I am a current member of the Cleveland Chapter.

Qualifications for this position:

I have almost ten years experience as an ENT nurse practitioner and I am a good standing member of SOHN. I wish to be more actively involved in the advancement of ENT nursing. I am happy to be a part of this organization and have felt enriched by the educational opportunities and networking it has provided. I believe I have much to contribute. I have much experience and many ideas. I would like to become more involved in SOHN.

Position Statement:

My goal is to help find and/or encourage qualified individuals who will serve as future leaders of this organization who will advance the profession of otorhinolaryngology nursing and preserve the integrity of the organization.