

Update



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Update is a publication of the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

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President's Message

My Fellow SOHN Members,



"It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of light, it was the season of darkness, it was the spring of hope, it was the winter of despair." Those opening words of Charles Dickens's *A Tale of Two Cities* are fitting for our day during the current pandemic. So many are grieving over their loss of loved ones. Yet at the same time, as more receive the vaccine, there is a light in the distance. We must continue to reinforce the guidance from CDC and infection control experts to those who we serve.

SOHN continues to move forward with the help of our new Executive Director, Margie Hickey, and our new Administrative Assistant, Renee Stevens. They are working hard to make sure SOHN meets the needs of the members. Thank you so much for holding the fort at the SOHN headquarters and your responsiveness to the members in the face of today's challenges to keep SOHN healthy and whole.

We are looking forward to the SOHN educational opportunities this year. April 8th and 9th will be our 35th Annual Spring Seminar. This two-day meeting will be held virtually again this year and I am excited about the variety of issues and the faculty who will share their expertise with our members and guests on cutting-edge topics. The program for the meeting can be found on the SOHN website via this [link](#). Registration can be done online as well by clicking on this [link](#) to the registration form. Keep in mind, if you cannot attend in real-time on April 8th and 9th, the meeting will be recorded and available following the meeting through June 5, 2021. There is no reason to miss out!

Looking forward to this autumn and our 45th Annual SOHN Congress and Educational Symposia planned for October 1-3, the congress planning committee has been working hard to ensure that you will not be disappointed. The team is fine-tuning their expertise in managing virtual events and I think you will be surprised by the changes to this year's experience. You will be able to get all the benefits of attending Congress without a need to leave the comfort of your own home. While we cannot provide you with housekeeping staff to make your bed, we can provide you with a fun, interactive, and educational event. Attending educational events virtually while convenient, may be difficult to fit into your work and home life and can be exhausting. Responding to this challenge, we have moved the Pharmacology Day to the weekend prior to Congress on Saturday, September 25th. This should allow attendees an opportunity to earn pharmacology contact hours without the need to take time off from work. Mark your calendars and plan to attend. The officers and Board of Directors cannot thank the hard-working spring meeting and congress planning committees for their dedication in ensuring these events are designed to meet the identified educational needs of our members.

Our annual election of officers will begin later this summer. The nominating committee is doing a great job at putting together an experienced slate of candidates. We need all our members to participate to help maintain a strong and vibrant leadership.

Thank each of you for your continued support to me and SOHN. Our Society is the only specialty ORL and Head-Neck Nursing organization in the world and we are the voice for ORL and Head-Neck nurses. Spread the word to your co-workers and colleagues to join us in our professional journey.

Chester Hilton

Chester Hilton, BSN, RN, CORLN
President 2020-2021
Society of Otorhinolaryngology and
Head-Neck Nurses
Ear, Nose and Throat Nursing Foundation



SOHN/ENT-NF

35th Spring Seminar



PEDIATRIC ORL NURSING

Virtual
Education &
Networking
Meeting

APRIL

8 & 9

2021



ADULT ORL/HEAD & NECK NURSING

Plan Now to Attend This SOHN Upcoming Event! Details available at www.sohnnurse.com. [Click here](#) to register!

An Update from the Board of Directors

The SOHN Board of Directors has evolved maximizing the power of technology and is now meeting monthly via the virtual Teams platform. In the past, we held a live Midwinter Board Meeting annually to start the year with strategy setting and planning. This year the event was virtual and the minutes follow

Society of Otorhinolaryngology and Head-Neck Nurses

Annual Midwinter Board meeting

January 23, 2021

12:00-4:00 PM EST

Meeting Minutes

- I. **Roll Call** In Attendance were Chester Hilton (President), Vinciya Pandian (President-Elect), Maria Colandrea (Vice President), Anne DeLeo (Treasurer), Jennifer Spellman (Secretary), Scott Henderson (Board of Directors), Jose Elias (Board of Directors), Troy DeRose (Board of Directors), Chet Slonina (Board of Directors), Lisa Lever (Board of Directors), Michele Farrington (Nursing Practice and Research), Kari McConnell (Social Media Coordinator), Margie Hickey (Executive Director), Sandye Schwartz (Archivist/Historian), Bryan Facione (Chair of Nominating Committee), Erin Sarsfield (MWBM Guest Attendee), Sara Wheeler (Director of Education), Renee Stevens (Administrative Assistant).
- II. **Announcements**-Welcome
- III. **Agenda additions and approval** Chet Slonina motioned to accept the agenda as written and Anne DeLeo seconded it.
- IV. **Approval of December 2020 Board meeting Minutes** Chet Slonina motioned to accept the

Board meeting minutes as written and Lisa Lever seconded it.

V. Officer and Board Reports

Maria Colandrea (Vice President) reported on the Poster Task Force Committee which will meet next week. They will finalize edits on documents to make sure presenters know what category they will represent. Trach Modules are completed and were sent to Margie Hickey. SOHN will look at grant funding for trach modules.

Vinciya Pandian (President-Elect) has partnered with SOHN President and the Executive Director to prepare the strategic plan workshop. Executive Board met to approve criteria to evaluate Executive Director. Vinciya met with AAO-HNS to develop Trach Guidelines.

Chet Slonina (SIG Coordinator) reported that 3 SIG leaders have stepped down and 3 SOHN members have agreed to take their places as SIG leaders.

Bryan Facione (Nominating Committee) reported that the Nominating Committee has enough candidates for the open positions. Looking at processes to advertise positions. Possibly have a pamphlet to give to speakers asking if they are interested in running for office.

Troy DeRose (Membership Enhancement) NJ Chapter will meet on 2/9/21.

Michele Farrington (Nursing Practice and Research) reported on Academy Updates. Michele was also involved with the Poster Task Force workgroup.

Lisa Lever reported that the Indianapolis Chapter has met twice. Lisa is revising the New Chapter manual.

- VI. **Standing Committee Reports** (Journal, Social Media, Education, NCBOHN, Executive Director)
Kari McConnell (Social Media Coordinator) reported that we have 2,820 followers on Facebook, 162 Twitter followers. Kari is revising the SOHN website with Margie Hickey and Renee Stevens. Kari asked that all Board members send 4-5 questions to her by the end of February, so she has them for "Question of the Week".

Sara Wheeler (Director of Education) reported that the 2021 Spring Conference is progressing, and the agenda is almost completed. Once finished, we will begin advertising. Several SOHN chapters are meeting via Zoom. Maryland chapter is holding a Spring meeting. Deena Hollingsworth has contacted past authors and future authors for the Core Curriculum.

Sandye Schwartz (NCBOHN) reported that 35 people were certified or recertified in 2020. The passing score for the test has been raised from 175 to 180 to keep it more in line with other

national tests.

Margie Hickey (Executive Director) report recommendations included:

1. Since NIWI changed to virtual and cost is half of in-person, recommend sending both President-Elect and Government Relations Chair to 2021 meeting.
2. Re-do the membership brochure to add pizzazz.
3. Set up a task force to look at corporate sponsorship.
4. Add vendors to Pharmacology Day and Spring Seminar.
5. Education Committee to identify new content for SOHN School.

VII. Ongoing Business

- a. ENT-NF 2020 Donation Update
\$36,135 donated by SOHN members and friends.
- b. Core Curriculum The books have sold out and currently working with a printer to order a new print run, in the meantime we still have CDs available for sale.

VIII. New Business

- a. 2021 meeting calendar
 - i. NIWI: April 19-22, Vinciya Pandian and Suzanne Beshore will attend
 - ii. Spring Seminar: April 8-9
 - iii. Pharmacology Day: September 25th
 - iv. Annual Congress: October 1-3

- b. Strategic Planning Working Session
Strategic Pillars and Focus areas
 - i. Organizational growth with a focus on growing membership and strategic alliances.
 - ii. Embrace Diversity with a focus on sub-specialties of ORL nursing and inclusiveness of all ORL nurses worldwide.
 - iii. Financial Sustainability with a focus on cost-effective management and corporate Partnerships.

IX. Adjournment for Board and Committee Chairs

Meeting adjourned at 4:50 PM EST.

Honoring Our Own

ORL Nurses are AMAZING impacting the lives of patients and families daily and shaping the professional practice of ORL nursing.

Recognize that Extraordinary ORL Nurse

While nurses are voted year after year as the most trusted professional, they are seldom recognized and thanked for all they do. Together let us make 2021 the year of the ORL nurse and recognize each other, encourage our patients and families to recognize those extraordinary nurses through a donation to the Ear, Nose, and Throat Nursing Foundation (ENT-NF). So often families and patients thank the nursing staff for their kindness and care with cookies and candy, directing their appreciation toward a donation to thank and honor their nurses can be a great option with long-lived recognition.

It is easy with the ENT-NF "Honor an ORL Nurse" campaign. Donating in with the name or names of the special ORL nurse(s) is all that is needed. And the poster can be printed and displayed (if permitted) in your place of employment. All nurses recognized will receive an individualized **Certificate of Honor** and will be included in **The Annual Honor Roll** presented at the 2021 Congress.



Remember National ORL Nurse Day is May 9th

Here are some great celebration ideas which you can use in your office, clinic, or unit ...

1. Honor your extraordinary ORL nurse(s)
Encourage staff, patients and families to submit a donation and name(s) for the ENT-NF Honor a Nurse Recognition
2. Start the day with a kickoff breakfast. Serve coffee and tea in mugs or cups with an ORL Nurse Day message imprinted on them available at the SOHN Store.
3. Encourage your employer to sponsor a scholarship for the online Comprehensive ORL Nursing Modules.
4. Provide ribbons or buttons to all ORL nurses.
5. Encourage a co-worker to become a SOHN member.
6. Decorate workstations with balloons and banners to make your event even more festive.
7. Distribute ORL Nurse Day stress reliever toys to promote reducing stress on and off the job.
8. Share an ORL Nurse Day cake with your co-workers or celebrate with an Ice Cream Social.
9. Send a letter of appreciation to each ORL nurse in your facility or department.
10. Honor a fellow member with a SOHN pin or badge tac. Visit the SOHN Store for additional items.

11. Hold a luncheon and decorate your tables with ORL Nurse Day chocolate bars to make your event even sweeter.
12. Obtain a proclamation from the mayor of your town proclaiming May 9 as National ORL Nurse Day.

Share your pictures and stories of how you celebrated, send them to info@sohnnurse.com.

SOHN Member Voice



Wendy Mackey, APRN-BC, MSN, CORLN, a long-time member of SOHN is a nurse practitioner practicing at Connecticut Pediatric Otolaryngology in West Haven, a Clinical Instructor at Yale University School of Medicine, lecturer at Yale University School of Medicine-Surgery, and adjunct faculty at Quinnipiac University School of Nursing.

Wendy, a member of the SOHN Research and Clinical Practice Committee,

discovered how working with this committee can personally and professionally help her. Wendy shares her thoughts with all of us.

Dear SOHN Colleagues,

I am continuously impressed with the resources available to me as a SOHN member. As a DNP student, I recently shared my project in its infancy stage of development with the Research and Clinical Practice Committee members during our virtual meeting this month, as well as with my local Connecticut chapter members at our local meeting. The knowledgeable members of both groups validated my concept and offered me professional resources, guidance, and ideas for the project. Additionally, I have networked with several SOHN members to get feedback and thoughts on my project as well as my external advisor.

My DNP project focuses on the concern regarding the overuse of oral antibiotics and sick visits being conducted to treat children with tympanostomy tube otorrhea. This condition should easily be identified by the child's caregiver who can then initiate treatment with ototopical antibiotics without the need for a sick visit. The global concern regarding oral antibiotic overuse, complications, and resistance patterns is well established. The goal of my DNP project is to create a web-based educational tool for caregivers of children with tympanostomy tubes to help decrease the unnecessary use of oral antibiotics in the treatment of acute uncomplicated otorrhea. Clinical outcomes of this project will include decreased use of unnecessary oral antibiotics, improved clinical outcomes, increased caregiver autonomy in the care of their children with tympanoplasty tubes, decreased cost of care, and improved patient and caregiver satisfaction.

I highly recommend tapping into the rich resources of our organization to help you in pursuit of solutions and ideas for your clinical issues, initiatives, or projects.

THANK YOU SOHN,

Sincerely,

Wendy Mackey

Wendy.mackey@yale.edu



A special thank you to all the donors in 2020 who graciously contributed to the Ear, Nose, and Throat Nursing Foundation. These donations allow SOHN to continue to provide specialty education to ORL nurses and support our research grants and scholarships.

Emerald (\$25,000 – \$49,999)

Hope Andreson

Diamond (\$10,000 – \$24,999)

Kimberley Pollock

Mary Klien

Ruby (\$5,000 – \$9,999)

Dr. Richard Mabry

Ann Luther

Sandra Schwartz

Ann McKennis

Sapphire (\$1,500 – \$4,999)

Anne Bigelow

Margaret Hickey

Kari McConnell

Atlanta Chapter

Southeastern P Chapter

Cheryl Brandt

Helene Krouse

Cindy Dawson

Lorie Sparacino

Connie Yuska

Maryland / DC Chapter

Chester Hilton

Ann Sievers

Sharon Jamison

Denise Wood

Linda Calandra

Carolyn Waddington

Maggie Chesnutt

Lenore Harris

Mary Huntoon

Erin Ross

Susan Rudy

Joyce McAdoo

Amethyst (\$500 – \$1,499)

Jill Lancaster

Linda Clarke

Karen Ulmer

Heartland Chapter

Elizabeth Hand

Chester Slonia

Virginia Bowman

Bernadette Dobbs

Lisa Clemons

Fayann Ridgley

St. Louis Chapter

Michele Farrington

Barbara Bolling

Patrons (\$100- \$499)

Christine Prout

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Barbara Carter

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Jennifer Spellman

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Scott Henderson

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Laura Mueller

Donna Burton

Maria Colandrea

Cristie Roush

Linda Marks

Jane Cooper

Trudy Finney

Rachel Strnad

Jenny Badley

Marilyn Cotsworth

Deborah Wood

Mary Ryan

Connecticut Chapter

Southeastern Michigan Chapter

Tammy Drodgy

Anita Jacobs

Carol Maragos

Roxanne Link

Levels reached as of Dec. 31, 2020

A Warm Welcome

To New SOHN Members

Caitlin Adams Albuquerque, NM	Karoline Fendley Atlanta, GA	Kathryn Lidard Houston, TX	Kristen Scheffel Avon, IN
Casey Adams Haddon Township, NJ	Ashlynn Ferguson Greenwell Springs, LA	Deborah Lipman Philadelphia, PA	Kelly Strimaitis Mount Juliet, TN
Denise Alves Rua Elkins Park, PA	Elise Foy Jacksonville, FL	Karen Liu Honolulu, HI	Teresa Thompson Laramie, WY
Michelle Angeloni Magnolia, NJ	Kylie Fries Kansas City, MO	Kara Magdaleno Thornton, CO	Teresa Smink Philadelphia, PA
Diane Ayers Fairburn, GA	Lindsay Gibson Philadelphia, PA	Kristen Medley Columbia, MO	Diane Thomas Philadelphia, PA
Phyllis Baumgartner HomewoodIL	Tracy Graebener Parkville, MO	Juliana Molony Charleston, SC	Sherri VanDyke Omaha, NE
Danielle Bestey Kansas City, MO	Carol Graves Red Oak, IA	Ashley Morse Treyner, IA	Heather Welch Bethel, OH
Sarah Bewley North Ridgeville, OH	Casey Green Aberdeen, MD	Beth Mundy Mitchell, IN	Katie Wentzel Council Bluffs, IA
Kandice Bowman Portland, OR	Heidi Gregg Brookville, PA	Barbara Mulholland Avon, CT	Kathy Wieliczko Marlton, NJ
Anna Brammer LaGrande, OR	Pamela Guzman Anniston, AL	Ana Newell Liberty, MO	Amanda Wierzbicki Burbank, IL
Joelynn Cartmell Colorado Springs, CO	Meredyth Hall Fort Mill, SC	Tobie O'Brien Liberty, MO	Trisha Williams Gardner, KS
Christina Chen Houston, TX	Kathy Herman Brighton, MI	Ellen O'Neil Prairie Village, KS	Judith Williams Woodland Hills, CA
Melissa Condren West Hartford, CT	Marcy Hickie Bellevue, NE	Danielle Paolillo North Haven, CT	Lynnette Winsor Bellevue, NE
Amanda Cook Milford, CT	Rachel Hisim Frederick, MD	Dayna Patterson Columbia, MO	Courtney Wise Houston, TX
Roger Cronin Chatswood, NSW, Australia	Kristen Hnida Walker Lakewood, CO	Rachel Quaile Kansas City, MO	Jason Wright Campbellsville, KY
Gretchen Curtis Prairie Village, KS	Cheryl Holihan Prosper, TX	Sara Ray Olathe, KS	Evangeline Yalung Accokeek, MD
Nicole DiMaio Maple Shade, NJ	Julisa Hurst Glenwood, IA	Kutrice Riddle Whitsett, NC	Cathy Zabroski Philadelphia, PA
Deidre Emerich Roselle, NJ	Regina Kahnert Lorain, OH	Allison Rodriguez Houston, TX	
Eschker Emma Coralville, IA	Kelly Kincaid West Monroe, NY	Michaela Rotondi Farmington, CT	
Taylor Felker Marion, IA	Christine Klebes Kansas City, MO	Ray Scarpa Flemington, NJ	

Attention all advance practice ORL nurses! Earn these important Pharmacology credits!

SOHN Upcoming Event - Plan Now to Attend

Pharmacology Course

September 25, 2021

Virtually earn Nursing Pharmacology contact hours!



Preliminary program and registration available May 2021 at www.sohnnurse.com

45th Anniversary Event

SOHN Upcoming Event - Plan Now to Attend

SOHN/ ENT-NF 45th Annual Congress and Educational Symposia

October 1-3, 2021

Virtual education and
networking meeting



45th

CONGRESS

Preliminary program and registration will be available May 2021 at www.sohnnurse.com

Call for 2021 SOHN Nominations

Are you interested in making a difference in the future of SOHN and getting more involved in our organization? The Nominating Committee is searching for qualified, motivated candidates to lead our Society. Dynamic leaders are needed to ensure our Society's continued growth and expertise. Consider yourself or encourage other members of SOHN to get involved at the national level.

We are seeking candidates for SOHN elected positions with terms commencing in 2022 including Treasurer, Board of Directors (3 positions), and Nominating Committee members (2 positions). To be eligible for the office of Treasurer, a nominee must have served at least one term as a member of the Board of Directors. To be eligible for a position on the Board of Directors or as a member of the Nominating Committee, a nominee must have been an active member of the Society for at least two years preceding the election. If you are interested in running, please contact SOHN Headquarters at info@sohnnurse.com. The deadline for candidate submission is May 1, 2021.

Thank you for your continued interest, dedication, and support of SOHN!!!

Call for Posters

Application Deadline May 1st

The Poster Guidelines and the Poster Application process have been updated and are available on the SOHN website or upon request from headquarters, info@sohnnurse.com. Posters and their presentations will be displayed and available for viewing virtually during the 2021 SOHN Congress.

All poster submissions are welcome. If you would like to be considered for one of the Poster Awards, certificate and monetary recognition, the categories are Research, Evidence-Based Practice, Quality Improvement, and Educational. There is a fifth category, Specialty Practice, and posters in this category are welcome but not eligible for the poster award. This is a wonderful opportunity to publish as the abstracts will be included in the journal, *ORL and Head-Neck Nursing* and to share your knowledge with other ORL nurses.

Do not miss this opportunity to expand your career, share your ideas, and possibly win one of the poster awards.

Community Highlights: Oral, Head and Neck Cancer Awareness Week

April 11-17, 2021

SOHN participates in the Oral, Head and Neck Cancer Awareness (OHANCA®) Program whose goal is to encourage adults who are at high risk for oral, head, and neck cancer to take advantage of the nationwide and international free screening and to communicate that early diagnosis is key to successful treatment of these types of cancers. Holding live screenings in early 2021 may be problematic due to the pandemic but there are many ways to get involved such as participating in the online awareness-raising campaign, hosting a virtual educational activity, or sharing OHANCAW print and digital materials in your waiting and exam rooms. More information can be found at www.headandneck.org

2021 SOHN Calendar Events/Deadlines

April

- 8-9 35th Annual SOHN Spring Seminar, virtual event
- 11-17 Annual Oral, Head & Neck Cancer Awareness, www.headandneck.org
- 14 CORLN Examination Spring Testing Application Deadline

May

- 1 Poster Application Deadline
- 1 Nomination of SOHN Candidates Deadline
- 9 National ORL Nurse Day
- 15-29 CORLN Examination Testing Period

July

- 1 Annual Board Meeting Guest Attendee Application Deadline
- 1 Chapter Excellence Award Applications Deadline
- 1 Honor Award Applications Deadline
- 1 Scholarship Applications Deadline
- 1 Forming Chapter Bylaws Deadline

September

- 8 CORLN Examination Autumn Testing Application Deadline
- 25 SOHN Pharmacology Day, Virtual

October

- 1-3 SOHN 45th Annual SOHN Congress, Virtual
- 9-23 CORLN Examination Testing Period
- 15 Call for Abstracts 2021 Congress & Spring Seminar Series

November

- 1 Midwinter Board Meeting Guest Attendee Application Deadline
- 30 Research Forum Abstracts Deadline

December

- 30 Nominations for Outstanding Service Award Deadline
- 30 Nominations for Friend of SOHN Award Deadline



Join or renew your SOHN membership

*Be a part of SOHN!
It's one of the best ways
you can advance your
career!*

Join today at www.sohnnurse.com



SOHN School in Teachable.com

SOHN-School.teachable.com



SOHN School is OPEN

Online Courses for ORL Nurses

Individual Courses: SOHN Member Price - \$50 each, Nonmember Price - \$75 each

Bundled ORL Course: SOHN Member Price - \$300 Nonmember Price - \$450

Seven online education courses for ORL nurses are being offered with discount prices for SOHN members. Course instructors are esteemed SOHN members and experts in the specialty.

Courses Offered:

Hearing Loss Evaluation and Management

Victoria Albano

Otology

Deena Hollingsworth

Nose, Sinuses and Oral Cavity

Erin Ross

Pediatric Otolaryngology

Wendy Mackey-Course Coordinator

Benign Head and Neck Disorders

Barbara Carter

Overview of Head and Neck Cancer and Treatment Modalities

Tara DiFabio & Penelope Fisher

Specific Head and Neck Cancer Treatment and Nursing Implications

Penelope Fisher

Visit the homepage at www.sohnnurse.com for more information
Contact hours range from 1.37 hours to 2.46 hours for each course
Bundled contact hours total 13.27 hours