

Update



President's Message

Dear Colleagues,

The 39th Annual Congress and Nursing Symposium highlighted the best in ORL nursing practice, research, and education. Congratulations to the Congress Education Planning Committee for their diligent work.

They delivered a stimulating and successful conference.

This is my last Presidential Message. Over the course of the past two years I have discussed the Ear, Nose and Throat Nursing Foundation, health policy and advocacy issues, leadership, work-life balance, the Institute of Medicine's report on the Future of Nursing, and other pertinent topics. My intent has been to inform you about the organization's work. It has also been my intent to offer insight into not only the ORL nursing world, but the context of nursing and nursing leadership in effecting change in healthcare. I hope you have been inspired to use your gifts and talents and have been challenged to participate both within the SOHN community and in your healthcare setting.

Serving as President of a specialty nursing organization offers unique opportunities and challenges. One of the functions as President is communicating and working with both the membership and the Board in meeting membership needs. In this process, I have gotten to know many of you better and come away inspired by your dedication, skills and talent. My challenges for leadership have included identifying and focusing on priorities for the organization. The SOHN board was key in this endeavor as it considered, engaged, and voted on issues that strengthened the success of our Society.

In the past two years, the Board has provided for and participated in many activities and is proud of its accomplishments. We have approved the four chapter charters of new and revived chapters: Boston, Connecticut, Dallas, and North Carolina. This year, the Officers, Board of Directors, and Committee Chairs worked with outside consultants to brainstorm, develop, revise and approve the Strategic Plan. An evaluation and revision of the Poster Review Process was completed. The two day Annual Spring Programs were very successful. The endoscopic course provided members with hands on experience in scoping skills. A Leadership Ad Hoc Committee was appointed. The Board expanded leadership opportunities for members by adding an additional Guest Board Attendee. The Tobacco Cessation Task Force is currently revising and updating our tobacco cessation document. The Research and Practice Committee has updated the Evidence-Based Practice and Research Resource Handbook. We continued our collaboration with the American Academy of Otolaryngology-Head and Neck Surgeons on the Clinical Practice Guidelines now in the development stage. In partnering with the Daisy Foundation and the Oral Cancer Prevention Initiative (OCPI), we have increased our organization's exposure and

recognition. We have spotlighted members and chapters online, in publications, and at the annual Congress. Our dedicated and brilliant Director of Education of 15 years, Lorie Sparacino, has retired and she will be sorely missed.

While we have notably accomplished much, it could not have happened without YOU, the member. Your desire to network, increase your education, improve skills, and deliver best practices in ORL nursing are the wheels that keep SOHN turning. I applaud your participation in assuring excellence in ORL nursing. I also want to recognize the leadership that occurs, sometimes quietly behind the scenes and other times out front, from our Executive Director, Sandye Schwartz, Administrative Assistant, Cory Parker of the headquarters' staff, Officers, and the Board of Directors. You have made us a lean, mean, innovative machine!

There are so many of you who have supported me over the course of the last two years. At the risk of omitting someone, I will not recognize you by name. Thank you for placing your trust in me and believing in me. It takes a village!

The one thing you can count on in life is change. In the past year, Deena Hollingsworth has been actively preparing for her term of office and it is now her honor to take the gavel as our next SOHN and ENT-NF President. I have the utmost confidence in her skills to lead this wonderful organization through its 40th anniversary. Please join me in supporting her as she faces new challenges and opportunities in leading SOHN forward.

Again, thank you for your engagement and support in the past two years. It has provided opportunities for my professional growth and has been a rewarding experience.

In closing, I want to leave you with a quote about our profession's unique position in health care. It comes from Karen Daly, Past President of the American Nurses Association, and it reads: "What nurses do for patients and our healthcare system matters. The value nursing brings to improving patient outcomes and reducing costs has never been clearer. The nurse's skill, knowledge, and clinical judgment matters. Our humanity and ability to form trusting relationships and care for the whole person matters. Regardless of what the future holds, we must never lose sight of our profession's potential to help health care become a more effective, less costly, patient-centered, and health-oriented system."

My very best to you,

Maggie Chesnutt

Maggie Chesnutt, MSN, FNP-BC, CORLN
President of SOHN

Announcements, Awards & Recognitions

Election Results

Congratulations to the following members. They were elected at the Annual Congress in Dallas and will begin their term of office in January 2016.

Treasurer:

Anne DeLeo

Board of Directors:

Kim Giordano, Vinciya Pandian, and Cristie Roush

Nominating Committee:

Helene Krouse and Fayann Ridgley

Awards

Poster Competition Winners

Winners of the ENT-NF Poster Competition at the 39th Annual Congress and Nursing Symposium were:

1st Place - Research

A Comparison of Clinical Outcomes Between HPV+ and HPV- Squamous Cell Carcinoma of the Oral Cavity

Emily Sanders RN, J. Scott Magnuson MD, Hilliary White MD and Julia Crawford MD

1st Place

Standardization of the Triage Process in an Ambulatory Pediatric Otolaryngology Setting

Linda Payne MSN RN CORLN, Leslie Justice MS CPNP, KR Jatana MD and CA Elmaraghy MD

2nd Place

Post-Tonsillectomy Phone Calls: A Quality Initiative to Improve Access in a Pediatric Practice

Susan Leisen LPN, Caitlin Norris RN, Therese Jacobson APRN CNS, Cortney Kuisle, Stacey Malone RN, Jeannie Nelson RN and Jeanette Ward-Newkirk RN NE-BC

3rd Place

A Pilot Program: Using Text Messaging to Improve Timely Communication to Tonsillectomy Patients

Laurie Newton DNP RN CPNP, Neal Linkon, Heather Swider MS CCC-SLP and Cecille Sulman MD

Chapter Excellence Awards

Birmingham Chapter

Heartland Regional Chapter

Southeastern Pennsylvania Chapter



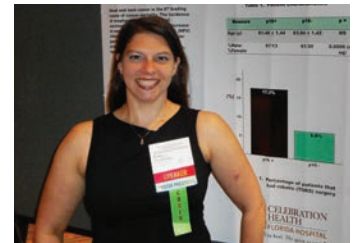
1st Place Poster:
*Leslie Justice (l) with
Linda Payne (r)*



2nd Place Poster:
*Caitlin Norris (l) with
Susan Leisen (r)*



3rd Place Poster: Laurie Newton



Research Poster: Emily Sanders

Lectureships - Funded by the Ear, Nose and Throat Nursing Foundation

Cynthia S. Mabry Otolaryngic Allergy Lectureship

Sublingual Tablets: The Future of Immunotherapy?

Judith Lynch APRN-BC FAANP

Kalynn Quinn Hensley Head-Neck/ Laryngology Lectureship

Subglottic Hemangioma

Wendy Mackey APRN-BC CORLN

Lois Moore-Rogers Pediatric Otolaryngology Lectureship

Decreasing Emergency Room Visits and Hospital Admission in the Pediatric Trach Population through Improved Parent Education and Patient Follow Up

Kristi McGowin MSN RN CPNP

Board Meeting Guest Attendee

Funded in part by the Council of Past Presidents

Midwinter Board Meeting Guest Attendee

Kim Giordano

Annual Board Meeting Guest Attendee

Cristie Roush

Special Appreciation for our Corporate Sponsors

Silver Level

Olympus America Inc.

Bronze Level

Boston Medical Products, Inc.

Patron Level

Luminaud
OTOMED

National Education Committee: Post Congress Reflections

Post Congress is a very special time of the year. I have the privilege to thank the many people who helped to make Congress 2015 such a success. Special thanks to Congress Chairperson, Anne Bigelow and Tara Di Fabio, Co-Chairperson. They were dynamic as our Congress 2015 Co-Chairpersons. Kristina Keppel assisted the Planning Committee this year in preparation of stepping into the Co-Chairperson role next year. Throughout this past year, they all worked endlessly on contacting and communicating with our speakers on a personal level. The Congress Planning Committee met last fall and has worked continuously. The Education Committee members and VIPs, over 50 volunteers interested and participating, served as Moderators/Coordinators on site. The smooth day to day program operation was clearly evident and due to our volunteers.

President Maggie Chesnutt deserves special thanks for her vision, support and involvement during her two year term in office. We could not look half as good without our Executive Director, Sandra Schwartz, and Administrative Assistant, Cory Parker. They work diligently all year round, often behind the scenes, and run a smooth onsite presence. It takes a TEAM to put a quality Program together and I am very proud of our SOHN Team. Thank you and kudos to all who helped.

Many of you made great suggestions for future topics and/or speakers. We will utilize this information as we plan and develop the 2016 Program at our Congress 2016 Planning Committee Meeting. We will also be looking at your recommendations and constructive feedback to continue to strive for excellence in programming. SOHN continues with the Green Initiative and provides access to speaker handouts on the SOHN website. Don't forget to check out the SOHN web site for additional handouts which were turned in late or after Congress.

Thank you, the participants, for taking the time to evaluate the sessions attended and sharing your comments. I will be reviewing the results and analysis of the Congress Program. I received many personal comments at Congress which were all very positive. The individual speaker evaluations are analyzed separately by computer and are not completed as of yet. I anticipate these will be excellent.

Lastly, I invite any member who is contemplating about presenting at any SOHN educational program next year to contact me personally. I encourage and challenge you to consider presenting in 2016. The SOHN Spring Seminar Series will be held in conjunction with COSM, May 2016 in Chicago, IL. One day will be devoted to Adult ORL Issues and the other will be our 30th Annual Pediatric ORL Nurses Meeting. The 40th Anniversary SOHN Congress & Nursing Symposium will be held September 2016 in beautiful San Diego, California. We also have three Lectureships with a monetary award. Check it out at www.SOHNnurse.com. The deadline for the Lois Moore - Rogers Pediatric Otolaryngology Lectureship was November 15, 2015. As that deadline has passed, be sure to submit an application for the 2017 program. The Kalynn Quinn Hensley Head-Neck/Laryngology and the Cynthia Mabry Otolaryngic Allergy Lectureships have a later deadline, January 31, 2016. It is a great honor to receive one of these lectureships especially as a SOHN member and we love to bestow this honor on deserving members.

Lorie Sparacino, MS, PNP-BC, CORLN, Director of Education



Outstanding Service Award
Sharon Jamison (l) with President Maggie Chesnutt



Lifetime Achievement Award
Lorie Sparacino (l) with President Maggie Chesnutt



Presidential Citation Recipient
Penelope Fisher (l) with President Maggie Chesnutt



ORL Nurses from Australia Lana Tutin (l) with Tracey Nicholls (r)

SOHN upcoming events...

PLAN NOW TO ATTEND!

SOHN Spring Seminar Series & 30th Anniversary Pediatric ORL Nurses Spring Meeting

May 19-20, 2016

Chicago, Illinois

Preliminary program, registration and hotel
information will be available February 2016



SOHN's 40th Anniversary Congress and Nursing Symposium

September 16-20, 2016

San Diego, California

Preliminary program, registration and hotel
information will be available May 2016

Join a SOHN Committee Now

The Committees of SOHN form the foundation of the organization. Please review the following descriptions of the committees and their functions. Plan to volunteer to serve as a member of the committee of your choice. All of these committees are led by experienced, enthusiastic nurses who welcome your participation. Please send an email to sohn1@earthlink.net with the committee(s) you are interested in joining.

National Education Committee:

The National Education Committee promotes the educational growth of SOHN with a focus on Professional Education as well as Community Education. Nurse Planners are Master-prepared nurses who assist the Director of Education in the development, implementation and evaluation of educational programs, local/regional, and national. Other nurse members serve as program chairpersons, on planning committees, as room moderators and coordinators and on the professional exhibit group. Commitment and enthusiasm is prerequisite. Sense of pride, satisfaction and accomplishment guaranteed.

• Nurse Planner Defined by ANCC, "A registered nurse who is responsible for planning, developing, implementing and evaluating continuing education activities. For an accredited provider, the Nurse Planner must be prepared at the graduate level, with one degree – baccalaureate or graduate – in nursing."

Health Policy and Advocacy Committee:

The focus of the Health Policy and Advocacy Committee is to keep abreast of new legislation and regulations affecting nursing practice, education, and research. The committee supports legislation and legislative activities on both the state and national level. It provides a venue to introduce nurses to the regulatory and legislative process and mentorship as one becomes politically active.

Membership Enhancement Committee:

The Membership Enhancement Committee promotes the professional growth of individual members, as well as, enhancing the organization and development of chapters. This committee assists with recruitment, recognition, and retention activities.

Practice and Research Committee:

The Practice and Research Committee identifies and prioritizes practice issues and develops/reassess standards of practice and guidelines. The committee also promotes research in otolaryngologic and head and neck nursing. This research will expand the body of nursing knowledge, provide a solid base for our practice and ultimately advance the profession of nursing. Members are selected based on their strengths and expertise in otology, general ORL and head-neck nursing and will be assigned specific activities to advance SOHN's practice and research goals.

NEW NOW AVAILABLE!!

Online Practice Test in Otorhinolaryngology
and Head-Neck Nursing is now available.

A practice test consisting of 75 questions
with a testing time of 2 hours

\$75

www.ptcny.com

Scroll down to NCBOHN for the CORLN exam
and practice test information

A Warm Welcome

To new SOHN members

Liela Alemania
San Jose, CA

Susan Baird
Janesville, WI

Kristin L. Barnes
Hallsville, MO

Sara Beachler
New York, NY

Danny S. Blanks
Fisco, TX

Ashley S. Cheek
Covington, GA

Meredith Chism
Franklin, TN

Miranda L. Clark
Billings, MT

Tomekia M. Culberson
Allen, TX

Mary E. Dawes
Laurel, MT

Julie A. Dorgan
Quincy, MA

Adrianne R. Duvall
Dallas, TX

Christine Eyler
Federal Way, WA

Tina M. Fawcett
Salt Lake City, UT

Leslie Foley
Helena, MT

Awanna D. Hawthorne
Cedar Hill, TX

Genna R. Hill
Danvers, MA

Amanda Huff
Chicago, IL

Jamie L. Jorgensen
Center Point, IA

Laura T. Kabrich
Charlotte, NC

Loren M. Kidd
Betsy Layne, KY

Brittany Kudrna
Altoona, WI

Barbara J. Lemons
Billings, MT

Ellen A. Lewis
Shreveport, LA

Jessica M. LoConte
Cohasset, MA

Piper L. Merrill
Addison, TX

Maria F. Moreno Ponte
Natchitoches, LA

Barbara A. Ore
Waukesha, WI

Abigail M. Riedel
Dayton, OH

Lauren Robinson
Brighton, MA

Gina Roupe
W Des Moines, IA

Sharon Rush
Baltimore, MD

Devin Rushing
Florien, LA

Janine R. Santa Maria
San Jose, CA

Rebecca J. Seele
Silver Lake, KS

Kristine A. Slaven
Fresno, CA

Elizabeth Stervinou
Dallas, TX

Jodi Stoller
Lake Mills, WI

Macel B. Tusa
Harvey, LA

Stephanie D. Ziegler
Memphis, TN

Ear, Nose and Throat Nursing Foundation Contributors

SOHN and ENT-NF would like to extend a sincere Thank You to the following:

Emerald Level

Hope Andresen
Kimberley Pollock
Dr. & Mrs. Arne Schuring
Children's Hospital Medical
Center, Otolaryngologic
Foundation - Boston

Diamond Level

Dr. G. Richard Holt
Mary Klein
Dr. & Mrs. Richard Mabry
Wisconsin Chapter

Ruby Level

Janice Adams
Anne Bigelow
Cheryl Brandt
Rosemary Buzzelli
Linda Miller Calandra
Maggie Chesnutt
Rosemary Corrigan
Cindy Dawson
Jo Ferrero
Penelope Fisher
Lenore Harris
Margaret Hickey
Sharon Jamison
Helene Krouse
Mary LeGrand
Ann Luther
Joyce McAdoo
Kari McConnell
Ann McKennis

Erin Ross
Sandra Schwartz
Lorie Sparacino
Richard Stasney MD
Denise Wood
Connie Yuska
Atlanta Regional Chapter
Chicago Chapter
Greater Houston Chapter
Maryland/ DC Chapter

Sapphire Level

Virginia Bowman
Helmuth Goepfert MD
Deena Hollingsworth
Mary Huntoon
Lucille Kingston
Jill & Jimmie Lancaster
Constance Lusk
Linda Oberrender
Ann & Mark Sievers
Karen Ulmer
Carolyn Waddington
Rebecca White
Heartland Chapter

Amethyst Level

Herbert Ashe Jr. MD
Diane Athmer
Brenda Beardwood
Rebecca Bell
Karen Brown
Carol Buckels
Barbara Carter

Lisa Clemons
Tara DiFabio
Mary Ellen Diotalevi
Bernadette Dobbs
Jacqueline English
Deborah Farragher
Carolyn Gelot
Terri Giordano
Joan Grate
Bethany Harris
Chester Hilton
Deena Hollingsworth
Ramute Kemeza
Cindy Knapp
Laura Krioukov
Marie Letterie
Joan Lockhart
Wendy Mackey
Deborah Mastriani
Keith McDivitt
Carolyn Miller
Laura Mueller
Linda Payne
Janet Peterson
Sharon Pickett
Christine Prout
Fayann Ridgley
Deborah Rosenberg
Susan Rudy
Eileen Ryan
Barbara Sigler
Kathleen Sliter
Chester Slonina
Jennifer Spellman

Carolyn Thorsen
Angela Trenkamp
Laura Weith
Jeanine Whitaker
Birmingham Chapter
Greater Cleveland Area
Chapter
North Carolina Chapter

Patron Level

Edna Baldonado
Sharon Baumler
Mary Anne Beddome
Donna Buron
Sandy Cain
Lauren Colvin
Dianne Degan
Susan DiChiari
Jose Elias
Michele Farrington
Janet Fausett
Zoni Gazy
Martha Gex
Elizabeth Hand
Erin Hassler
Cheryl Huang
Emelda Initorio
Teresa Kahl
Susan Kean-Smith
Sheila Keating
Lisa Keller
Maureen Lofgren
Jody Massey
Kara McCall

Pamela Morano
M. Kathy Neel
Cathleen Nixon
Vinciya Pandian
Sandra Radke
Cristie Roush
Sue Silcox
Reiko Watanabe
Susan Wolkin

ENT-NF Wall of Honor

*"to honor, to thank,
to cherish the memory"*

*Gifts have been received in
memory of:*

Mary Jane Boucher
by Kimberley Pollock
Clarence P. Miller, Jr.
by Penny Fisher and Denise
Wood

*Gifts have been received in
honor of:*

Lorie Sparacino's Retirement
by Denise Wood
Sandra Schwartz
by Penny Fisher

Donate online click on the
"Click to Donate" button on
SOHN's homepage
www.sohnnurse.com

Introducing the ENT-NF Lectureship Opportunities

Kalynn Quinn Hensley Head & Neck/ Laryngology Lectureship

The Kalynn Quinn Hensley Lectureship was established in 2001 to honor the memory of a very dear patient who was cared for by many of the SOHN nurses in Houston, Texas. Kalynn was diagnosed with recurrent respiratory papillomatosis (RRP). She required frequent surgical procedures to maintain her airway. She lost her fight for life in 2000 as a young adult due to pulmonary disease progression to cancer.

Cynthia S. Mabry Otolaryngic Allergy Lectureship

The Cynthia Mabry Lectureship was established in 1999 to honor her memory (1937-1999). Cynthia was a long time active member of SOHN and well respected for her expertise in otolaryngic allergy. She successfully combined the difficult roles of wife, mother and nurse. As a certified Otorhinolaryngology & Head-Neck nurse, she served as an excellent role model for all colleagues. She was a dedicated otolaryngic allergy nurse who shared her expertise in many ways. She taught numerous allergy courses throughout the world. She was involved in the education of residents in training program in Dallas, TX. Cynthia lectured at both the national and local levels. She co-au-

thored dozens of papers/articles and the textbook, Allergy in ENT Practice. Cynthia was the recipient of the Sam Sanders Award from the American Academy of Otolaryngic Allergy for research in immunotherapy for allergic fungal sinusitis. Cynthia exemplified the essence of the professional nurse who believed in a commitment to patient care and to our organization SOHN and served as the President of the Dallas-Fort Worth Chapter.

Lois Moore-Rogers Pediatric Otolaryngology Lectureship

The Lois Moore-Rogers Lectureship was established in 1996 by Dr. Gerald Healy and the Department of Otolaryngology at the Children's Hospital Medical Center in Boston. Dr. Healy established the award to honor Lois who worked in Pediatric Otolaryngology for 18 years. Lois has been a long time member of SOHN and active in the Pediatric Special Interest Group. During her years in practice, Lois concentrated on integrating the family unit when providing care. She was also interested in patient and family education. Lois in conjunction with SOHN hopes the annual recipient of this award demonstrates innovation in ideas and comprehensiveness by including growth and development issues that impact on the family unit.

Spotlight on a SOHN Member



Emily Sanders, BS, RN, CORLN

When I made the decision to accept the Head and Neck Care Coordinator position at Florida Hospital Celebration Health near Orlando, Florida, I had no idea what I was getting into. My previous otolaryngology experience had all been in an academic setting. I had worked at The Ohio State University in the outpatient clinic even before I was a registered nurse, but that clinic experience helped to build the foundation for my knowledge. When my family

and I relocated to Tampa, Florida, I began work as an inpatient staff (floor) nurse at Moffitt Cancer Hospital – my first ‘real’ nursing job. My assignment was on the surgical oncology unit and included caring for patients with head and neck cancer surgeries, as well as GI and GU patients. This is where I honed my skills and gained experience as a head and neck nurse. I became a CORLN and my love for head and neck patients grew.

As time passed, I knew there was not going to be an advancement opportunity for me at Moffitt specifically in head and neck. I was content with this for a while, and then I attended the SOHN Spring Seminar lecture series in April 2013 in Orlando, Florida. While I was engaged in conversation with Penny Fisher, MS, RN, CORLN about the clinical consensus statement on tracheostomy care, I was approached by an ARNP and RN from Celebration Health whose head and neck program was in its infancy and had only started 6 months previously in October 2012. They asked me to consider taking a position at Celebration to help advance the new program.

After careful consideration, multiple visits to the hospital, vetting of the physicians, lots of advice from my mentor, and most importantly discussions with my family, I took the leap and left floor nursing in February 2014 to see if I could bring my expertise to this new program. I had no idea what to expect.

First of all, the care coordinator title is a role that encompasses different responsibilities at different institutions. Here at Celebration, the overall role is more of an educational role (although there are nurse educators, care coordinators are service line specific since they are the “experts” in specific patient care). I am responsible for the pre-operative education of patients that are going to stay overnight in the hospital after surgery for any length of time, whether it is just a 23 hour observation or seven nights. I round on patients the day after surgery and make sure that they are comfortable with their discharge and know what is required of them at home. Also, I am the main resource for the nurses, especially when something new arises. My duties additionally include being in charge of nurse education, process improvement, lots and lots of data collection, and ‘other duties as assigned.’

Academic programs at community hospitals are not without challenge. I first noticed that I missed the residents, something all teaching facilities have. Then, I noticed nursing is also different, both the practice and the focus. Head and neck cancer patients are complex – these are not your simple surgical patients. Many have tracheostomies, flaps and grafts, feeding tubes and other challenges that some nurses had not been exposed to. I realized I had a project ahead of me.

I decided to partner with a floor manager that had responsibilities for a unit with breast cancer, medical oncology, and general admit patients (from the emergency room, for example) to see if we could successfully implement the project. First I developed a training program. Every registered nurse and patient care technician was asked to take the education courses rather than just a chosen subset. After listening to a lecture about the common surgeries performed, post-op care, common complications, a skills lab followed and was focused on tracheostomy care. Getting comfortable with tracheostomies, drains, tubes that are used (NG tubes and other common equipment) was essential in order for everyone to be able to provide exemplary care.

There was a lot to be done, including having the correct supplies and equipment. Once we had all the components in place, the time came to start receiving patients. At first, I joined the bedside RNs when they received the patients from PACU or ICU to help them understand the surgeries, perform assessments, what observations to make, as well as give them any pearls that could help them with patient care. As they became more independent, I was more and more hands off and just available as a resource. There will always be bumps in the road, but overall their work is fantastic.

After seven months, it was time to start a plan to receive the free flap patients directly from the PACU to the floor and bypassing their two night stay in ICU. We did this at my previous institution and I felt that it could be done here. The nurses were ready. This time, I wanted to start with a select group of nurses on the day and night shift to be the ‘flap RNs’, before introducing the concepts to additional RNs. After receiving a one-on-one training with detailed flap assessment, the “flap RNs” were ready to care for the patients with flaps. As expected, they did phenomenally.

What started out being a long arduous project, turned into a happy marriage. The nurses were hungry for more responsibility and to elevate their knowledge. Most were scared to death when they first found out that they were going to be working on the head and neck service line, but those fears were quickly quelled once they began to actually care for the patients. I cannot speak for all, but most fell in love with them, as this patient population is for the most part a very grateful population whom they truly enjoy taking care of.

Now, it’s time for the next challenge.

Journal Star Reviewer



Dr. Helene Krouse received the honor of being named "Journal Star Reviewer" in 2015 for Otolaryngology-Head and Neck Surgery, the official peer-reviewed

publication of the American Academy of Otolaryngology-Head and Neck Surgery. To receive this prestigious recognition, a journal reviewer must complete a minimum of eight high quality reviews, according to set criteria, in one year. This is a highly competitive award since only 10 individuals are selected to receive this honor annually out of a pool of more than 900 reviewers. Dr. Krouse was recognized at the Annual Meeting of the American Academy of Otolaryngology-Head and Neck Surgery in September, which was held in Dallas, Texas. She is the only non-physician to have received this award. She is also the only non-physician currently serving on the journal's editorial board. Dr. Krouse was previously honored as a "Journal Star Reviewer" in 2010, 2012, 2013, and 2014.



Deborah Farragher Presented with the Art of Nursing Award

On September 24, 2015 SOHN's Board Member and Special Interest Groups (SIG) Coordinator, Deborah Farragher was presented with the Art of Nursing Award at the Nursing Excellence Award Ceremony at the InterContinental Hotel in Cleveland, Ohio.

According to Renelle Boutford, Nurse Manager at the Cleveland Clinic, The Art of Nursing Award is an enterprise award that is presented to an RN in recognition of the exemplary skills, talents, expertise, commitment and personal attributes of a nurse who promotes and supports healing for patients, families and colleagues.

Deborah is employed at the Cleveland Clinics Regional Hospitals and Family Health Centers as a Clinical Coordinator. She is also an active, committed member of SOHN and has served on many committees, as a SIG Leader, as a member and chairperson of the Nominating Committee and most currently is serving on the SOHN Board of Directors.

Congratulations, Deborah!!

2016 SOHN

Calendar Award Nominations Events/Deadlines

December - 2015

- 30 Nominations for Outstanding Service Award Deadline
- 30 Nominations for Friend of SOHN Award

January - 2016

- 22-23 Midwinter Board of Directors Meeting
- 31 Cynthia Mabry Otolaryngic Allergy Lectureship Deadline
- 31 Kalynn Quinn Hensley Head & Neck/Laryngology Lectureship Deadline

March

- 31 CORLN Examination Application Deadline

April

- 1 Poster Application Deadline
- 10-16 Annual Oral, Head & Neck Cancer Awareness Week www.headandneck.org

May

- 1 Nomination of Candidates Deadline
- 5-21 CORLN Examination Testing Period
- 9 National ORL Nurse Day
- 19-20 SOHN Spring Seminar Series & 30th Annual Spring Pediatric Meeting, Chicago, IL

July

- 1 Chapter Excellence Award Applications Deadline
- 1 Clinical Excellence Award Application Deadline
- 1 Honor Award Applications Deadline
- 1 Scholarship Applications Deadline
- 1 Forming Chapter Bylaws Deadline
- 1 Annual Board Meeting Guest Attendee Application Deadline

September

- 1 CORLN Examination Application Deadline
- 16-20 SOHN 40th Anniversary SOHN Congress – San Diego, CA

October

- 1-15 CORLN Examination Testing Period
- 15 Call for Abstracts 2017 Congress & Spring Seminar Series

November

- 1 Midwinter Board Meeting Guest Attendee Application Deadline
- 1 Nurse in Washington Internship Application Deadline
- 15 Lois Moore-Rogers Pediatric Otolaryngology Lectureship Deadline
- 30 Research Forum Abstracts Deadline

December

- 30 Nominations for Outstanding Service Award Deadline
- 30 Nominations for Friend of SOHN Award Deadline

The Greater Salt Lake City SOHN Chapter A Shining Example of Perseverance and Heart

The SOHN Chapter in Salt Lake City Utah is small in numbers but large in perseverance and heart. Their Chapter was inaugurated at the 2012 SOHN Congress meeting. At that time, the membership consisted of six nurses. Despite their small numbers, the chapter worked hard to stay united and contribute to the nursing community. Since that time, two of the founding members have moved onto different nursing fields.

....And then there were four.....

Many chapters would consider folding under these circumstances, but the remaining members rallied and constitute the current board of this Utah Chapter. Kris Estheimer is serving as president of their Chapter. She is an RN with 20 years experience, 15 of which has been in ENT. She is the Clinical Nurse Coordinator for the University of Utah ENT Clinic and is CORLN certified. Pam Spaulding is the Vice President of the Chapter. She has been a registered nurse for 10 years and for the past 5 years has worked as the Clinical Nurse Coordinator for Pediatric ENT. She is also a CORLN. Lisa Keller is the veteran in the group with 30 years of nursing experience. She was the second CORLN nurse in the state of Utah. Her post in the Chapter is as Education Co-Chair. She is currently working in a private practice in general ENT. Stacey Jensen is the Secretary/Treasurer. She has been an RN for 12 years as a specialty nurse for an outreach ENT facial plastics and general ENT practice. She too is a CORLN.

These four amazingly motivated nurses work hard to keep their chapter alive. They meet regularly year round. They are currently in the process of planning their third full day conference. They reach out to nurses and medical assistants in their state of Utah as well as surrounding states including Wyoming, Idaho, Montana, Colorado and Northern Nevada. Each of the board members will be presenting along with a number of other specialists. They believe that teaching makes them better clinicians and provides a needed service to the nursing community. Their upcoming conference is scheduled for June 19th in Salt Lake City. Topics being presented include Nasal Obstruction, Salivary Obstruction and Sialendoscopy, Vascular Anomalies, Facial Paralysis, What's New in Allergy?, Extra-esophageal Reflux and ENT and Tympanostomy Tubes in Children.

Congratulations to these outstanding nurses for their perseverance and hard work. I am proud to serve as their nurse planner and admire their optimism, hard work and dedication. Thank you for your continued service to SOHN and best wishes on a successful June conference.

Yours in Nursing,

Wendy Mackey, APRN, CORLN

Perioperative Special Interest Group Meeting at the 39th Annual SOHN Congress and Nursing Symposium in Dallas, Texas

The session opened with questions or concerns from those present. A variety of topics were discussed including:

Education of patients about post-operative pain in areas unrelated to the surgical area. Due to unique or peculiar ways of positioning patient during surgery to allow access to surgical area, patients often wake with aches and/or pain in areas not related to surgery. It is important to inform the patient and their family (since the patient may not remember the conversation due to drug induced amnesia or anxiety) of this possibility. It was pointed out that some thyroid patients have a hard time lifting their head due to the extended time being hyperextended during surgery.

Skin assessment. It was discussed how important it is to get a good assessment of the patient's skin condition before surgery. One example was of a patient who came from the patient unit 12 hours after a car accident. When the patient was turned in the OR, dirt, grass and broken glass were found imbedded in the patient's back. Don't assume that because the patient is coming from another unit that the patient's skin was assessed. Preoperative and postoperative skin assessment is important since skin injuries occurring in the hospital will not be reimbursed.

Positioning Aids. There was much discussion about OR table pads and other aids used to insure patient comfort and safety. It was discussed how something as simple as a pillow under the knees can make a patient more comfortable and reduce postoperative back pain. Position the patient as much as possible before surgery in a position of comfort. Many institutions have the final responsibility of positioning with the anesthesia providers, as that is where the patient record has positioning recorded. It was decided it wasn't worth extended discussion with an anesthesia provider about which way the arms should be positioned, as long as the end result was that the patient wasn't being harmed by the position.

Chester Hilton, BSN, RN, CNOR, CORLN



Canadian ORL Nurses at the Texas State Fair



SOHN's Exhibition Area



**Kalynn Quinn Hensley Head-Neck/
Laryngology Lectureship
Wendy Mackey (c) with Lisa Gagnon (l) and
Melissa Dziedzic (r)**



APN Scoping Course 2015

Award Nominations

SOHN is soliciting nominations for the Outstanding Service Award and the Friend of SOHN Award for 2016. The Outstanding Service Award recognizes a member who has demonstrated outstanding contributions to the Society. The Friend of SOHN Award is the mechanism for recognizing and expressing appreciation for special contributions to SOHN by non-members. For additional information, please contact National Headquarters. Nominations must be received by December 30th.

Friends of SOHN

2011 Charlene Fisher - OTOMED
2010 Boston Medical Products and American Academy of Otolaryngology – Head and Neck Surgery
2007 Sallyann Henry
2006 Jessica Esterson
2005 Stryker Leibinger
2004 Daiichi Pharmaceutical Corporation
2003 Richard Mabry, MD
2002 Rev. Dr. Jimmie L. Lancaster, Jr.
2001 John Krouse, MD
1999 Harvey Tucker, MD
1997 Nancy Snyderman, MD
1996 William Potsic, MD
1994 Dom Gatto - Merocel
1991 Lawrence Leong
1990 Storz, Inc.
1989 Shiley, Inc.
1988 Phyllis Flemming and Ross Laboratories
1986 AAO - HNS
1985 Richards Medical Company
1984 Eugene N. Myers, MD and Bobby R. Alford, MD
1983 William H. Lippy, MD and Arnold G. Schuring, MD

Outstanding Service Award Recipients

2015 Sharon Jamison
2013 Kari McConnell
2011 Lenore Harris
2010 Rosemary Buzzelli
2009 Carolyn Waddington
2008 Ann P. Luther
2007 Linda Miller Calandra
2006 Cindy J. Dawson and Ann E.F. Sievers
2005 Ann McKennis
2004 Victoria Sowards
2003 Denise Wood
2002 Helene J. Krouse
2001 Janice Adams, Mary Huntoon and Jill Lancaster
1999 Susan Rudy
1998 Heather Rebic and Cindy Tucker
1997 Lorie Sparacino
1994 Connie Yuska
1993 Kaye Meehan
1990 Penny Fisher
1988 Linda Schuring
1987 Barbara Nolan
1985 Anne Bigelow, Carolyn Croft, Sandra Schwartz and Barbara Sigler

Lectureships, Scholarships & Awards

Cynthia Mabry Otolaryngic Allergy Lectureship (ENT-NF)

The Cynthia Mabry Otolaryngic Allergy Lectureship was established in 1999 to honor Cynthia's memory (1937-1999). Cynthia was a chapter president, active member of SOHN and well respected for her expertise in otolaryngic allergy.

Application Deadline January 31

Cash Award & Certificate

Kalynn Quinn Hensley Head & Neck/ Laryngology Lectureship (ENT-NF)

The Kalynn Quinn Hensley Head & Neck/ Laryngology Lectureship was established in 2001 to honor the memory of a very special patient who was cared for by many of the SOHN nurses in Houston, Texas. Kalynn was diagnosed with Recurrent Respiratory Papillomatosis (RRP). She required frequent surgical procedures to maintain her airway. She lost her fight for life in 2000 as a young adult due to pulmonary disease progression to cancer.

Application Deadline January 31

Cash Award & Certificate

Lois Moore-Rogers Pediatric Otolaryngology Lectureship (ENT-NF)

The Lois Moore-Rogers Pediatric Otolaryngology Lectureship was established in 1996 by Dr. Gerald Healy and the Department of Otolaryngology at the Children's Hospital Medical Center in Boston. Dr. Healy established this award to honor Lois who worked in Pediatric Otolaryngology for 18 years. Lois has been a long time member of SOHN and active in the Pediatric Special Interest Group.

Application Deadline November 15

Cash Award & Certificate

Annual and Midwinter Board Meeting Guest Attendee

Apply for the opportunity to attend the SOHN Board of Directors' Annual or Midwinter Board Meeting and see the inside workings of the Society. Sponsored in part by the SOHN Council of Past Presidents.

Application Deadline July 1 and November 1

Are You Continuing Your Education?

The Ear, Nose and Throat Nursing Foundation offers \$1,000-\$1,500 scholarships to SOHN members in the following categories: Allied Health to BSN - RN to BSN - Graduate Level in Nursing.

Application deadline July 1st

Research Study Grant/Evidenced-Based Grant (ENT-NF)

The ENT-NF has established a fund to help nurses develop and/or participate in ORL clinical nursing research, and has made a commitment to nursing research.

Research Grants up to \$2,000

Clinical Excellence in ORL Nursing Award (RN & LPN)

The SOHN Clinical Excellence Award recognizes and rewards SOHN members who have consistently demonstrated excellence in the delivery of skilled and compassionate care to the ORL-Head and Neck Patient.

Nomination Deadline July 1

Cash Award & Certificate

Educational and Research Poster Awards (ENT-NF)

Recognizes excellence in educating ORL nurses through the use of posters at the annual congress. The Research Poster Award recognizes outstanding research contributions in the field of Otorhinolaryngology and Head-Neck Nursing.

Application Deadline April 1

Cash Award & Certificate

For More Information please contact SOHN Headquarters at 386-428-1695 or via email at sohn1@earthlink.net

Nurse Practitioner/Physician Assistant Position Available (Suburban Chicago)

Well established ENT practice located in Hinsdale, IL (west suburban Chicago) with satellite locations in Oak Park and LaGrange is seeking a full time NP or PA. The ideal candidate must have otolaryngology experience (minimum 2 years) and will cover our Oak Park and LaGrange offices.

Practice offers a wide range of adult and pediatric ENT services including audiology, allergy, an in house multi-slice CT scanner, sleep services (2 sleep labs), as well as facial cosmetic and reconstructive procedures.

Responsibilities include assessing, treating, and managing our large patient population, as well as light hospital rounding and shared call. Office hours are Monday-Friday with rotating 1/2 half day Saturday coverage.

The ideal candidate will possess strong communication and analytical skills, a positive attitude, and a willingness to serve each patient above and beyond the patient's expectations. NextGen EHR experience a plus. Illinois license required.

We offer a competitive compensation package including salary commensurate with experience, health care coverage, PTO, 401K, an expense account, as well as the potential for quarterly bonuses.

Please forward your CV, with a cover page to lesparza@girgisent.com



2015 Congress Education Program Committee
Left to right – Lorie Sparacino, Anne Bigelow, Tara DiFabio and Kristina Keppel



Business Meeting Attendees
From left to right – Eileen Lowell, Theresa Johnson, Jules Dorgan and Marianne Bennett



Chicago Chapter Celebrates 25th Anniversary



Maryland / Washington, DC Chapter Celebrates 30th Anniversary

Update is a publication of the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

President

Maggie Chesnutt MSN FNP-BC CORLN

Vice-President

Mary Ellen Diotalevi RN CORLN

President Elect

Deena Hollingsworth MSN FNP-BC CORLN

Treasurer

Ramute O. Kemeza BSN RN

Secretary

Carolyn Waddington MS RN FNP CORLN

Please send publication information to the editor

Sandra L. Schwartz MS RN CORLN

Executive Director

SOHN National Headquarters

207 Downing Street

New Smyrna Beach, FL 32168

Phone: 386-428-1695

Fax: 386-423-7566

E-mail: sohnnet@aol.com

Website: www.sohnnurse.com



SOHN National Headquarters

207 Downing Street

New Smyrna Beach, FL 32168

(386) 428-1695

www.sohnnurse.com

The Update is Published for SOHN by



For advertising information on the *Update*,
ORL-Head and Neck Nursing or for
information on publishing your corporate
newsletter, contact us at
800-977-0474, or
sales@WoodwardBizMedia.com



Guest Board Meeting Attendees

*Cristie Roush (l) and Kim Giordano (r) with
President Maggie Chesnutt (c)*



Cynthia Mabry Otolaryngic Allergy Lectureship

Judith Lynch (l) with Dr. Richard Mabry (r)



Dallas / Fort Worth Chapter Received their Chapter Charter in Dallas



Greater Boston Area Chapter Received their Chapter Charter in Dallas



2016 SOHN Board of Directors:

Front row: Anne DeLeo - Treasurer, Maggie Chesnutt - Immediate Past President,
Deena Hollingsworth - President, Mary Ellen Diotalevi - Vice President,
Carolyn Waddington - Secretary

Back row: Board Members – Vinciya Pandian, Cristie Roush, Chester Hilton,
Deborah Farragher and Kim Giordano