

Update



President's Message

Dear SOHN members,

As I sit down to write this the rain is falling on what is left of our 36 inches of snow and thoughts are turning toward the new growth of the coming Spring. Hopefully

the Farmer's Almanac is wrong about the March snowstorm it is predicting. Let me begin by thanking you for trusting me with the Presidency of SOHN. I am excited about the challenges of the future for nursing as a whole and specifically our specialty. I am fortunate to have the continued counsel of past and present leadership. I want to thank Past President Maggie Chesnutt for her guidance and support as well as past and present members of the Board. I am surrounded by talented people who share my commitment to move SOHN forward during these challenging times in health care and they will make my job easier.

We have already been hard at work at the Midwinter Board meeting in Chicago. Important issues at hand are maintaining our membership, filling the position of Education Director following the retirement of Lorie Sparacino, and continuing support for evidence based practice in our specialty. All are intertwined and critical to SOHN's existence. Chester Hilton is spearheading the efforts to maintain our current membership numbers, but we need each of you, too. We must cultivate a supportive environment for our colleagues and mentor them as they encounter the challenges of our dynamic profession. On a positive note we installed two new chapters at our last Congress in Dallas and have the potential for two more this year. We need to continue this momentum.

SOHN continues to partner with other organizations by participating with AAO-HNSF in the development and revision of practice guidelines. Within our own group we are revising the Smoking Cessation Protocol and hope to have the Comprehensive ORL Nurse Course available online by the end of the year.

Lorie's shoes as Director of Education for the past 15 years are impossible to fill, therefore, let us try on a new pair. While it would be great to have someone from our own ranks, no one has applied for consideration. I think we need to broaden the search and welcome your ideas. Quality education is the heart of supporting evidenced based practice and growing our membership. We want to hear from you. Please contact me personally, any member of the Board, or Executive Director Sandye Schwartz through sohnnet@aol.com.

The education committees have been hard at work getting ready for our two major education offerings this year. The Spring Seminar Series will be held in Chicago, May 19-20. Two wonderful days of pediatric and adult content are in place so think about a trip to the Windy City. In September we will be celebrating our 40th Anniversary Congress and Nursing Symposium, "Celebrating our Past and Envisioning our Future", in beautiful San Diego. Highlights for these activities, as well as, chapter activities and events will be available in E-NEWS, Update, and on social media. Look for SOHN on Facebook and Twitter. Our website, courtesy of Kari McConnell, has a wealth of information so take a look www.sohnnurse.com

I would echo my predecessor Maggie Chesnutt when she said "an organization is only as strong as its members". We need you to consider joining a special interest group, participating on a committee, or volunteering at Congress. You are the lifeblood of this organization and we are in need of a transfusion. I look forward to working with you and welcome your ideas for moving SOHN forward in the next two years.

Sincerely,

Deena B. Hollingsworth

Deena B. Hollingsworth, MSN, FNP-BC, CORLN
SOHN President 2016-2017

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Society of Otorhinolaryngology and Head-Neck Nurses

Annual Business Meeting Minutes

September 28, 2015 Hyatt Regency Hotel Dallas, Texas

- I. Call to order – The meeting was called to order at 10:53 am by President Maggie Chesnutt
- II. Welcome – By Maggie Chesnutt
- III. Introduction of Guests – Officers, Board of Directors, Executive Director, Parliamentarian – Mary Huntoon
- IV. Credentials Report – 237 registrants, 193 voting members, 44 nonvoting attendees, 20% quorum present - submitted by Karen Harris
- V. Adoption of the Credentials Report – Adopted by consensus
- VI. Consideration of the Rules – Maggie Chesnutt asked if there were any questions to the rules. None heard
- VII. Adoption of the Proposed Rules – The rules were adopted by consensus
- VIII. Timekeeper/Teller – Jo Ferrero, Ann Luther, Denise Wood will serve as tellers.
- IX. Adoption of Proposed Agenda – The proposed agenda was adopted by consensus
- X. Approval of Minutes – Maggie Chesnutt asked if there were any questions to the approved minutes – there were no objections from members, therefore the board of directors will approve the 2015 Annual Business Meeting Minutes. They will be published in the March 2016 Update. The 2014 approved minutes can be found on the meeting room tables and at Headquarters.
- XI. Officer Reports – Copies available on the tables
- XII. Treasurer's Report – Ramute Kemeza delivered the SOHN 2015 Treasurer's Report
- XIII. Committee Reports – Published in the August 2015 Update. No questions received
- XIV. Elections - Karen Ulmer presented the slate of candidates, Treasurer - Anne DeLeo, Ramute Kemeza; Board of Directors - Vinciya Pandian, Kim Giordano, Cristie Roush; Nominating Committee - Helene Krouse, Fayann Ridgley. Speeches presented
- XV. NCBOHN Report – Presented by Lucille Kingston, President. Certified – 290, 18 new, 36 re-certs. A \$5000.00 donation was made to SOHN at the opening ceremony. A new CORLN practice test is now on-line. Please pass on the information. Maggie Kramper is the new NCBOHN President starting 2016
- XVI. ENT-NF Report – Anne Bigelow presented information on the ENT- NF Walk. The raffle finishes this afternoon, our goal is \$6000.00, currently >\$4000.00. Thank you to all for the donations and we are looking for new avenues to obtain donations. Ann McKennis was presented with a gift for her continued donations and work on the raffle
- XVII. Old Business – Maggie Chesnutt recognized the following chapters - Heartland Chapter for their donation to the Foundation and the Connecticut Chapter (this information was not included in the opening ceremony)

XVIII. New Business

A. Presentation of Awards

Chapter Excellence Awards presented by Lisa Clemons and Chester Hilton – Large Chapter - Southeastern Pennsylvania Chapter, Medium Chapter - Heartland Regional Chapter, Small Chapter - Birmingham Chapter

Poster Awards presented by Vinciya Pandian and Michele Farrington Clinical

First place – *Improving Patient Satisfaction through Telephone Triage Practices in an Ambulatory Pediatric Otolaryngology Setting-Standardizing the Triage Process* by L. Payne

Second place – *Post-Tonsillectomy Phone Calls: A Quality Initiative to Improve Access in a Pediatric Practice* by S. Leisen, C. Norris, T. Jacobson, C. Kuisle, S. Malone, J. Nelson, & J. Ward-Newkirk

Third place – *A Pilot Program: Using Text Messaging to Improve Timely Communication to Tonsillectomy Patients* by L. Newton, N. Linkon, H. Swider & C. Sulman

Research/EBP - First Place – *A Comparison of Clinical Outcomes Between HPV+ and HPV- Squamous Cell Carcinoma of the Oral Cavity* by E. Sanders

Chapter Anniversaries – 25th Chicago Chapter and 30th Maryland/DC Chapter

Guest Board Attendees – Kim Giordano and Cristie Roush

Special Interest Group Leaders presented by Deborah Farragher
Committee Chairs recognized by Maggie Chesnutt

B. Presentation of Chapter Charters – presented by Maggie Chesnutt and Lisa Clemons - Boston Chapter and Dallas Chapter

XIX. Recognition of Outgoing Board Members Cheryl Brandt, Ann DeLeo, Wendy Mackey, Ramute Kemeza, Deena Hollingsworth

Maggie Chesnutt recognized Cory Parker for her work as Administrative Assistant

Maggie recognized Lorie Sparacino for her role as Director of Education. Scrapbook and portrait presented to Lorie Sparacino. Lorie thanked Sandra Schwartz – Executive Director for all the work she provides behind the scenes

XX. Election Results – Denise Wood presented results of the election: Treasurer – Anne DeLeo, Board of Directors – Kim Giordano, Vinciya Pandian, Cristie Roush; Nominating Committee – Helene Krouse, Fayann Ridgley. Installation of officers conducted by President, Maggie Chesnutt. Maggie proclaimed that the newly elected officers were installed and wished them the best. Denise Wood moved to have the ballots destroyed, seconded by Hope Andresen. Motion carried

XXI. Announcements- Lunch provided with the exhibitors

XXII. Adjournment – The meeting was adjourned at 12:02 pm

Spring Seminar Series &

30th Anniversary Pediatric ORL Nurses Spring Meeting

May 19 – 20, 2016 • Hyatt Regency ~ Chicago, Illinois

Preliminary Program



Thursday ~ May 19th

Pediatric ORL Issues

7:40 am – 5:30 pm

Lois Moore-Rogers Pediatric
Otolaryngology Lectureship
**Otolaryngologic Manifestations of
Down Syndrome**

Wendy Mackey APRN-BC CORLN

Changing the Outcome... You Can Produce Practice Specific Educational Handouts

Cindy Jennings MSN CNP
Cheryl Brumbaugh MSN CNP

Ouch that Hurts - General Pain Manage- ment Pharmacology

Tyree Smith MSN CPNP-AC APHN RN
CPEN

CMV and Hearing Loss

Margaret Kenna MD MPH FACS FAAP

~~Clinical Pearls: Case Studies~~

Pediatric Sinonasal Mass

Nina DeSell CPNP

Pediatric Sudden Sensorineural Hearing Loss

Victoria Albano MSN RN CPNP

Nasopharyngeal Glioma

Kristina Keppel DNP APNP

Video Teaching for Caregivers of Children with Tracheostomies

Kevin Mary Callans BSN RN

Rethinking the Evaluation Process & Sur- gery for Children in Need of Tympanostomy Tubes

Allison Rose MSN RN CPNP

What Kind of Trach Suits YOU Best?

Jaclyn Surette BSN RN
Daniela DiRamio BSN RN

~~~~~

##### Pediatric Rhinosinusitis: It's Snot What You Think

Julie Chiappa MSN CRNP CORLN

##### Complementary Therapies and Cultural Considerations in Pediatrics

Melissa Raines MSN APNP CPNP  
Laurie Newton DNP RN CPNP

### Friday ~ May 20th

#### Adult ORL Issues

7:40 am – 5:30 pm

#### Pharmacologic Management of Eosinophilic Esophagitis

Betsey Kim CRNP CORLN

#### The Role of the Nurse in Our New Affordable Care Organization World

Connie Yuska MS RN CENP CORLN

#### ~~Clinical Pearls: Case Studies~~

##### Parathyroid Cancer

Cheryl Brandt MSN RN ACNS-BC CORLN

##### Otology Case Study

Deborah Farragher MSN RN CORLN

##### Sleep Apnea in a Patient with Down Syn- drome following Adenotonsillectomy

Kristina Keppel DNP RN CPNP

##### Susac Syndrome

Erin Ross DNP MS ANP-BC CORLN

~~~~~

Seeking Publication Opportunities for Authorship

Helene Krouse PhD ANP-BC CORLN FAAN

Atypical Migraines: A Look at Ocular and Vertigo Presentations

Deena Hollingsworth MSN FNP-BC
CORLN

Middle Ear Surgery, Can You Hear Me?

Chester Hilton BSN RN CORLN
Michael Case MD

Head and Neck Cancer: Notes on Treatment Principles, Complication Management, HPV Epidemic and Palliative Care

Kerstin Stenson MD FACS

Target Audience

ORL nurses who seek an opportunity to enrich their knowledge and expertise in ORL nursing practice and who value the opportunity to network with colleagues from various regions.

Program Purpose

Provide an educational program for ORL nurses to advance their knowledge of selected otolaryngology issues effecting adults, children and families; to present new technology and/or research; to enable network time with colleagues.

Program Goals

- Examine new advances in the management of select adult and pediatric ORL problems/ disorders.
- Discuss the nursing implications in providing care to ORL patients across the age span and their families.
- Initiate development of innovative nursing strategies for patients/ families with otolaryngic problems.
- Promote networking with ORL colleagues.

Program Chairpersons:

Adult ORL Issues
Michele Farrington BSN RN CPHON
Pediatric ORL Issues
Laurie Newton DNP RN CPNP
Director of Education
Lorie Sparacino MS PNP CORLN

Cancellations - You may cancel by fax, mail or email. A refund of 50 percent of the registration fees will be returned to those who notify SOHN in writing by May 2nd (COSM fees cannot be refunded by SOHN after April 15th). After May 2nd refunds for registration fees will not be issued.

Contact Hours

The Society of Otorhinolaryngology and Head-Neck Nurses, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation (COA).

The maximum CNE contact hours attainable for the program are 15.5 contact hours.

Special Note:

The registration for the American Society of Pediatric Otolaryngology's (ASPO) program May 20-22 this year is \$100 until April 18 after that the fee increases to \$150. Other Combined Otolaryngology Spring Meeting (COSM) organizations require an additional fee; registration information is available at www.cosm.md

Housing

Please make reservations as early as possible as the hotels usually sell out early. Be sure to mention you are attending the COSM meeting in order to get the group rate.

<http://cosm.md/hotel-transportation/>

Society of Otorhinolaryngology and Head-Neck Nurses

Spring Seminar Series & 30th Anniversary Pediatric Spring Seminar

May 19-20, 2016 • Hyatt Regency ~ Chicago, Illinois

Note: After May 5th Please Plan to Register On-Site

Name Credentials _____
 Home Address _____
 City/State/Zip/Country _____
 E-mail _____
 Name on Badge (if different) _____
 Badge City/ State _____
 Daytime Telephone _____
 Employer _____

	SOHN Member		Non- Member	
	Early	After April 18	Early	After April 18
Pediatric Day –				
Thursday includes special 30th Anniversary lunch	\$250	\$300	\$295	\$345
Adult Day – Friday	\$205	\$255	\$255	\$295
Entire Educational Program(Thursday and Friday)	\$425	\$475	\$525	\$575

American Society of Pediatric Otolaryngology's (ASPO) program May 20-22

\$100 N.A. \$100 N.A.

SOHN will forward ASPO registrations received by April 15. After this date the fee increases to \$150 and ASPO registrations can be obtained at <http://cosm.md/>

Attending – Thursday _____ Friday _____ Entire Program _____ ASPO _____
 Total Amount \$ _____ Check ☐ MasterCard ☐ VISA ☐ American Express ☐ Discover ☐
 Card # _____ - _____ - _____ - _____ Exp. Date _____ VIN# _____
 Name on card _____
 Credit card statement billing address _____

U.S. Funds Only – Mail to:
Please make checks payable to “SOHN”
Phone (386) 428-1695
Fax (386) 423-7566
Email sohn1@earthlink.net

Mail to: SOHN Spring Seminar
207 Downing Street
New Smyrna Beach, FL 32168
Register Online at www.sohnnurse.com

National ORL Nurse Day — May 9th

ORL Nurses are AMAZING! They are making an impact around the country and beyond

Here are some great celebration ideas...

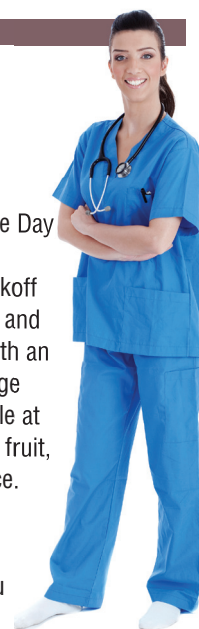
1. Encourage a co-worker to become a SOHN member.
2. Share an ORL Nurse Day cake with your co-workers or celebrate with an Ice Cream Social.
3. Make a donation to the ENT-NF “In Honor of...” a co-worker or a colleague.
4. Honor a fellow member with a SOHN pin or badge tac. Visit the SOHN Store for additional items.

5. Hold a luncheon and decorate your tables with ORL Nurse Day chocolate bars to make your event even sweeter.
6. Decorate work stations with balloons and banners to make your event even more festive.
7. Obtain a proclamation from the mayor of your town proclaiming May 9 as National ORL Nurse Day.
8. Distribute ORL Nurse Day stress reliever toys to promote reducing stress on and off the job.
9. Have a “spa-themed” event

and give out ORL Nurse Day foot care kits.

10. Start the day with a kickoff breakfast. Serve coffee and tea in mugs or cups with an ORL Nurse Day message imprinted them available at the SOHN Store. Serve fruit, bagels, donuts and juice.
11. Share your pride!

Please let us know at sohnnet@aol.com how you celebrated this day!



40th Anniversary SOHN Congress & Nursing Symposium

40th Anniversary SOHN Congress & Nursing Symposium

September 16-20, 2016 • San Diego, California

Welcome to San Diego, California's second largest city and site of SOHN's 2016 Annual Meeting. San Diego ~ where blue skies keep watch over 70 miles of majestic coastline and a gentle Mediterranean climate. Bordered by the Pacific Ocean to the west, bordered by the Anza-Borrego Desert and Laguna Mountains to the east, and Mexico to the south. The diverse neighborhoods of San Diego are spread out over 4,200 square miles, offering endless opportunities for exploration or activities. Visit one of the beach communities, hike in the east San Diego County mountains. Explore the urban neighborhoods of San Diego's downtown, from the iconic Gaslamp Quarter to the eclectic community of Hillcrest. Visit the quaint and charming island town of Coronado or the picturesque village of La Jolla. Discover the unique and vibrant San Diego and enjoy "Celebrating the Past and Envisioning the Future of SOHN".

Program and registration information will be posted on the SOHN web site in May.

Why Attend?

- The largest gathering of ORL Nurses in the world
- The latest developments in ORL Nursing in sessions led by outstanding nursing professionals
- Connect with your peers and celebrate 40 years of ORL Nursing and leave with a new sense of renewal and an enhanced knowledge base.

Courses Not To Be Missed!

- The Acclaimed SOHN Pharmacology Course
- Keynote Speaker: Kari McConnell, SOHN Past President & Innovator
- The Thyroid Gland: Disorders & Cancer
- Osseointegrated Devices
- Controlled Substances: Pearls & Pitfalls
- Otitis Media: The Chiropractic View
- High Level Disinfection of Scopes - Update 2016
- 10 ORL Special Interest Groups
- Oncology Nurse Navigator
- Hyperparathyroidism in the Older Adult
- Otolaryngic Manifestations of Down Syndrome
- Auditory Brain Implants
- The Many Faces of Facial Paralysis
- Otoendoscopic Surgeries
- Zenker's diverticulum Diagnosis and Management
- Understanding Qualitative vs. Quantitative Research
- Microtia: New Trends
- Free Flaps: Before and After Care
- Overview and Treatment of Hereditary Hemorrhagic Telangiectasia
- Misconceptions of Tobacco Alternatives
- ICD - 10 & Meaningful Use Updates
- The Latest in Sinus Management
- Chronic Cough
- Canalith Repositioning - Treatment of BPPV
- Endoscopic Skull Base Surgery - CSF Repair
- Pre-Operative Assessment of the Geriatric Patient
- Cochlear Implantation Update
- Complementary and Alternative Medicine
- How to Care for the Caregiver

SOHN Announces 2017 Call for Candidates

Are you interested in making a difference in the future of SOHN and getting more involved in our organization? The Nominating Committee is searching for qualified, motivated candidates to lead our Society. Dynamic leaders are needed to ensure our Society's continued growth and expertise. Consider yourself or encourage other members of SOHN to get involved at the national level.

We are seeking candidates for SOHN office commencing in 2017 including President-Elect, Vice President and Secretary, Board of Directors (2 positions) and Nominating Committee members (3 positions). To be eligible for the office of President-Elect and Secretary, a nominee must have served at least one term as a member of the Board of Directors. To be eligible for a position on the Board of Directors or as a member of the Nominating Committee, a nominee must have been an active member of the Society for at least two years preceding the election.

If you are interested in running, please contact Nominating Committee Chairperson, Karen Ulmer at kulmer@gbmc.org or SOHN headquarters at sohn1@earthlink.net Deadline for candidate submission is May 1, 2016.

Thank you for your continued interest, dedication and support of SOHN!!!

Tips for the Candidates

Position Statement – This statement is 75 words or less and must be sent to SOHN Headquarters by May 1st, so it can be included in the Update. It should list what talents you would bring to the organization and this position. Also, you can include other activities and past experiences. A letter of intent is due with the position statement.

A form can be obtained from SOHN Headquarters.

- **Photograph** – Emailed to Headquarters by May 1st for inclusion in the Update and display at Congress.
- **Speech** – At the Business Meeting you will give a three minute speech, which can include your experience, length of service with SOHN, an overview of your position statement, and goals for the future.
- **Mentoring** – Remember you are not alone. If you are interested in running for an office in the future, get to know the chairs of committees and officers.

Contact Headquarters for more information:

386-428-1695

sohn1@earthlink.net

Congress 2016 Poster Competition

Application Deadline April 1st

SOHN Poster Guidelines and Poster Application are available on the SOHN website home page www.sohnnurse.com APPLY NOW!

Posters will be displayed and available for viewing during Congress. Posters will reflect various administration, education, clinical practice, and research topics of interest to ORL nurses. This is a wonderful opportunity to share your knowledge with other ORL nurses. There are monetary rewards for outstanding posters at Congress. Do not miss this opportunity to share your ideas and possibly win one of the poster awards.

Membership Enhancement Committee

New Member Mentors

My fellow members remember back to the time when you first joined SOHN. Was there someone who helped you with your journey to your first meeting or perhaps it was your first congress? Today as we recruit new members, it is important for those members to learn about the organization they are now a part of.

We need your help as a mentor to guide our new members. If you would like to be a mentor for someone, please let me or SOHN Headquarters know so we can match new members with current members. If they sign up to be a member of a local chapter, we will try to connect them with a chapter member in their area.

The goals of SOHN's Mentorship are: improve retention, build morale, accelerate leadership development, provide ongoing career development, encourage networking and facilitate learning.

Mentors can stay in touch with their assigned new member by email, text or phone. We look forward to adding your name to this important group – SOHN Mentor Corps.

Contact information: Chester Hilton cfhilton@yahoo.com or
Sandra Schwartz sohnnet@aol.com

Thank you!
Chester Hilton
Membership Enhancement Committee Chairperson

SOHN Part-Time Education Director

SOHN is seeking a part-time Education Director. Responsibilities include oversight of national, regional and local SOHN education programs and maintaining ANCC accreditation. Must be familiar with ANCC COA accreditation criteria. Master's degree required with a bachelor's degree in nursing. SOHN membership essential or willingness to become a member. Please submit curriculum vitae to:

Education Director Search
Sandra Schwartz - sohnnet@aol.com
Application Deadline: April 15, 2016

NEW NOW AVAILABLE!!

Online Practice Test in Otorhinolaryngology and Head-Neck Nursing is now available. A practice test consisting of 75 questions with a testing time of 2 hours \$75 www.ptcny.com
Scroll down to NCBOHN for the CORLN exam and practice test information

A Warm Welcome

To new SOHN members

Jessica Bailey
Moody, AL

Lindsey M. Carter
Lebanon, OH

Amanda B. Chambers
Smithfield, UT

Daniela DiRamio
Medford, MA

Margaret K. Dowling
Riverside, IL

Michael E. Ferrer
Cerritos, CA

Johan Garcia Rodriguez
Miami, FL

Brittany Glaser
Dubuque, IA

Miranda Green
Aurora, CO

Kimberlee J. Hancox
Anchorage, AK

Cherie N. Holmes
Houston, TX

Denise A. Hutchison
Fairborn, OH

Gabriel Kehner
Houston, TX

Meghan L. Malone
Baton Rouge, LA

Tami Minamyer
Boulder, CO

Jennifer W. Moser
Prairieville, LA

Caitlin Norris
Rochester, MN

Alexis Palacio
Danville, PA

Jaclyn A. Surette
Boston, MA

Katy Torres Corpus
Christi, TX

Jaime R. Townsend
North Liberty, IA

Sarah S. Walters
Nashville, TN

Roseanne Wilson
San Antonio, TX

Kimberly A. Yerington
Iowa City, IA

Janice A. Zerega
Ballwin, MO

Laura A. Suttmillier
Lakewood, OH

Kerry-Ann Walker
South Euclid, OH

ENT-NF Wall of Honor

"to honor, to thank, to cherish the memory"

Gifts have been received in memory of:

Gwen "Cookie" Singleton
by Ann McKennis and Carolyn Waddington
Kalynn Quinn Hensley
*by Eric Furst MD, Andrew deJong MD
and James Manning MD*

Bill Elliott
by Deena Hollingsworth
Cynthia Mabry
by Richard Mabry MD

Gifts have been received in honor of:

Maggie Chesnutt
by Carolyn Thorsen

Donate online click on the "Click to Donate" button on SOHN's homepage www.sohnnurse.com

SOHN

Chapter Education Programs...

Greater Cleveland Area Chapter

"Oral Oncology: Implications for Oral Health after Cancer Treatment"

Wednesday, March 16, 2016

Contact Hours: 1.0

For more information, contact Cheryl Brandt

~ Email Address: Cheryl.Brandt@UHhospitals.org

Birmingham Chapter

2016 ENT Nursing Conference

Friday, March 18, 2016

For more information, contact Lisa Clemons

~ Email Address: lkclemons@uabmc.edu

Heartland Regional Chapter

Spring Education Program

Saturday, April 16, 2016

Chapter Contact: Karlene Fuller ~ Email

Address: karlene-fuller@uiowa.edu

Atlanta Regional Chapter

"Annual Spring Seminar"

Saturday, April 30, 2016

Chapter Contact: Mary Reichert ~ Email Address: Mary.Reichert@emoryhealthcare.org

Salt Lake City Chapter

"Spring Program"

June 19, 2016

Chapter Contact: Kris Estheimer ~ Email

Address: kristine.estheimer@hsc.utah.edu

Clinical Practice Guidelines Update

New this month... Otitis Media with Effusion Clinical Practice Guideline (Update) was published as a supplement in the February 2016 issue of Otolaryngology – Head and Neck Surgery. Lisa Gagnon, MSN, CPNP, SOHN member served as SOHN's representative to the panel. This updated version replaces the 2004 guideline and identifies quality improvement opportunities and explicit actionable recommendations for managing otitis media with effusion (OME).

The American Academy of Otolaryngology - Head and Neck Surgery Foundation (AAO-HNSF) is also updating the Clinical Practice Guideline (CPG) on Hoarseness (Dyphonia). The original CPG was published in 2009, has been cited 183 times and has been viewed almost 50,000 times on the National Guideline Clearinghouse (NGC). Because the guideline is over five-years old, the NGC unpublished the guideline from the Clearinghouse on 1/22/15. SOHN representative, Maria Colandrea, DNP, NP-C, CORLN, CCRN served on the review committee for the Hoarseness Guideline. Helene Krouse, PhD, RN, ANP-BC, FAAN, SOHN member is currently serving on the Hoarseness CPG Update Panel.

The AAO-HNSF is developing a new Clinical Practice Guideline on the Evaluation of Neck Masses in Adults. The purpose of the guideline is to provide clinicians with evidence-based recommendations for managing adult patients with a neck mass. By focusing on opportunities for quality improvement, the guideline should improve diagnostic accuracy, facilitate prompt intervention, decrease variations in management, reduce unnecessary tests and procedures, and improve outcomes for affected patients. Maria Colandrea is SOHN's representative to the development panel.

Michele Farrington, BSN, RN CPHON, Chairperson of the Practice and Research Committee is SOHN's representative to the Academy's Guideline Taskforce. The taskforce guides the development of each guideline and also determines the subject for development of new guidelines.

Congratulations to Michele, Lisa, Helene and Maria!

Honor Award

Have you heard of the Honor Award? This is an award available to the membership recognizing their accomplishments within the organization. It is given in the form of a certificate and presented by the President at the Annual Congress. Recipients are also recognized in the Update. Honor Awards are based on the accumulation of points for service to SOHN. Details are available in the policy manual (available on the website,

under Professional Development). Once 10 points are accumulated the member should submit the completed documentation form to headquarters by July 1 for approval by the Scholarship and Awards Committee. There are a multitude of committed members within SOHN. Submit your Honor Award form and let us recognize you for your service.

Chapter Corner

Chicago Chapter

The Chicago Chapter SOHN has been a chartered chapter for 25 years. What we do not have in numbers we have in high quality, motivated members who work together to create interesting quarterly meetings, educational conferences and raise money for the Ear, Nose and Throat Nursing Foundation (ENT-NF).

We have quarterly meetings in February, May, August and November and provide a CE/speaker at each meeting. We presently rotate the quarterly meetings through four medical centers in the Chicagoland area. This provides an opportunity for members to have easier access in getting to meetings. The members who work at the specific medical center where the meeting will be held are responsible to find a speaker and assist the speaker in getting the necessary forms completed and sent to our Nurse Planner, Maggie Miller.

Our membership is made up of ENT nurses practicing in a variety of specialties, clinic, operating room, nurse practitioners, pediatric ENT and head-neck cancer nurses. Some members have remained connected to SOHN Chicago Chapter even after leaving the ORL specialty in their jobs. That says quite a bit about the organization, not only nationally but also locally. There is a commitment to SOHN. Although we have only 25 members, a busy year lies ahead.

The following is a summary of our activities:

- Four quarterly meetings with an educational component and CE provided by SOHN Headquarters. Members who attend all four meetings have their name entered into a drawing and one name is drawn for a paid early registration to Congress. It's a great motivator!
- Members participated actively in several head-neck cancer screenings in 2015 - organizing and coordinating the event.
- "Tasting" event for head-neck cancer patients and their families coordinated by three major medical centers.



A thank you toast and farewell to Maggie Miller Chicago Chapter Nurse Planner



Photo of Chicago Chapter SOHN officers

L to R: Ramute Kemeza-president/Cynthia Johnson - vice-president/ Chester Slonina- treasurer/ Marianne Beddome- secretary/ Maggie Miller- nurse planner

The event was held at the Gilda Radner house in downtown Chicago. Restaurants donated soft foods for head and neck cancer patients to savor and try.

- Community Days fund raiser. Carson's, a department store in the Chicagoland area allows non-profit organizations to raise funds for their groups. We have raised up to \$2,000 selling the booklets locally and selling in the store during their operating hours.
- Networking day- allowing ENT nurses from all areas/locations to meet, share, network with each other.
- Set up a Chicago Chapter information table at a Greater Chicago ENT conference for physicians and nurses in March 2015.
- Summer Gathering- Members with their families come together, bringing a side dish to enjoy in a casual environment. This is held at the chapter president's home. The chapter provides the entrée for the gathering.
- ENT Update 2015 brought together 25 nurses from Illinois, Iowa and Wisconsin for a 5 CE educational conference day.
- During the conference the raffle for ENT-NF raised \$500. Members were extremely generous in their donations. The raffle was coordinated by Marianne Beddome who generously donated five prizes. Other donors were members: Cynthia Johnson, Laura Weith, Ramute Kemeza and Lenore Harris. Tickets for a White Sox game were donated by the White Sox organization, an autographed banner was donated by the Chicago Bears organization and a \$100 VISA gift card was donated by the Bastian Voice Institute.

2016 SOHN

Calendar Award Nominations Events/Deadlines

December - 2015

- 30 Nominations for Outstanding Service Award Deadline
- 30 Nominations for Friend of SOHN Award

January - 2016

- 22-23 Midwinter Board of Directors Meeting
- 31 Cynthia Mabry Otolaryngic Allergy Lectureship Deadline
- 31 Kalynn Quinn Hensley Head & Neck/Laryngology Lectureship Deadline

March

- 31 CORLN Examination Application Deadline

April

- 1 Poster Application Deadline
- 10-16 Annual Oral, Head & Neck Cancer Awareness Week www.headandneck.org

May

- 1 Nomination of Candidates Deadline
- 5-21 CORLN Examination Testing Period
- 9 National ORL Nurse Day
- 19-20 SOHN Spring Seminar Series & 30th Annual Spring Pediatric Meeting, Chicago, IL

July

- 1 Chapter Excellence Award Applications Deadline
- 1 Clinical Excellence Award Application Deadline
- 1 Honor Award Applications Deadline
- 1 Scholarship Applications Deadline
- 1 Forming Chapter Bylaws Deadline
- 1 Annual Board Meeting Guest Attendee Application Deadline

September

- 1 CORLN Examination Application Deadline
- 16-20 SOHN 40th Anniversary SOHN Congress – San Diego, CA

October

- 1-15 CORLN Examination Testing Period
- 15 Call for Abstracts 2017 Congress & Spring Seminar Series

November

- 1 Midwinter Board Meeting Guest Attendee Application Deadline
- 1 Nurse in Washington Internship Application Deadline
- 15 Lois Moore-Rogers Pediatric Otolaryngology Lectureship Deadline
- 30 Research Forum Abstracts Deadline

December

- 30 Nominations for Outstanding Service Award Deadline
- 30 Nominations for Friend of SOHN Award Deadline



Chicago Chapter SOHN member Allison Rose APN presenting at ENT Update 2015

Plans for 2016 include:

- A fundraiser in the fall
- Head-Neck Cancer screening organizing/participation
- A raffle for the ENT-NF during the spring SOHN national meeting in Chicago May 19-20, 2016
- Chicago Chapter SOHN information table at SOHN Spring meeting in Chicago May 19-20, 2016
- Quarterly meetings
- Start planning topics and speakers for ENT Update 2018
- Summer Gathering Weekend after Labor Day

We had to say farewell to our Nurse Planner, Maggie Miller, who has filled this role for most of the Chicago Chapter's existence. We surprised her at the ENT Update 2015 with a floral arrangement, gift certificate to a restaurant, and raised our glasses to a champagne toast to thank her and wish her the best in her retirement. A certificate of appreciation from SOHN was presented.

The Chicago Chapter has produced quite a few leaders in the SOHN organization:

- Former national president Connie Yuska is from the Chicago Chapter
- Lenore Harris, one of the editors of Core Curriculum hails from our chapter. She has also served as vice president and has chaired the Nominating Committee
- Maggie Miller has been a national secretary and board member of SOHN, as well as, a congress chairperson
- Ramute Kemeza, the current Chicago Chapter president, served on the board of directors and as treasurer of SOHN. Prior to these positions she was a member of the Nominating Committee and chaired the committee in her second year
- This is just a small snapshot of members who have been dedicated and still have a passion and commitment to SOHN.

Respectfully,

Ramute Kemeza RN BSN
President
Chicago Chapter SOHN

Heartland Regional Chapter of SOHN

2016 is an exciting time for the Heartland Regional Chapter (HRC) of SOHN as the chapter celebrates its 20th birthday as a local chapter. The chapter currently has 28 members from the states of Iowa and Nebraska. Most of the chapter activities for 2016 are still currently in the planning phase, but the chapter's Spring continuing education program has been scheduled for April 16, 2016 at the University of Iowa Hospitals and Clinics.

An additional educational event is scheduled for July 30, 2016 to celebrate HRC's 20th year as a chapter. The event will include a CE program, collaborating with physician colleagues, an outdoor event/adventure, and ending the day with a BBQ and live band! Keep the date open!

The chapter ended 2015 on a high note with numerous philanthropic efforts, such as the annual fall raffle; participation in the annual mittens, hats, and scarves drive for the United Way (this was the 5th year chapter members have participated); donation of money to a local women's shelter (instead of exchanging holiday gifts); and collection of needed items for the Russell and Ann Gerdin American Cancer Society Hope Lodge in Iowa City, IA. The chapter has collected items for the local Hope Lodge every year since it was built in 2008. The items collected and donated by chapter members, such as formula, Ensure, Kleenex, and gifts for loved ones, are those needed by the otolaryngology-head and neck surgery patients staying at the Hope Lodge while undergoing treatment since it is hard for patients to get out and buy these supplies and gifts.

If you would like additional information on upcoming activities of the Heartland Regional Chapter of SOHN or would like to be more involved, please do not hesitate to contact Karlene Fuller at karlene-fuller@uiowa.edu.

Karlene Fuller, BA, RN, CORLN
Heartland Regional Chapter President

Position Available

Family Nurse Practitioner

Otolaryngology Associates, P.C., a large multi-subspecialty practice in Northern Virginia is seeking a full-time, qualified Family Nurse Practitioner to join our team. Our well-respected practice has three locations, ten surgeons and one family nurse practitioner who provide care for patients of all ages.

POSITION SUMMARY: The Family Nurse Practitioner (FNP) will obtain a complete medical history, perform physical exams, order appropriate laboratory and diagnostic procedures, perform in-office diagnostic procedures and perform in office therapeutic treatment when appropriate. The FNP will interpret and integrate data to determine diagnosis and therapeutic plan in collaboration with the physicians. The FNP will perform teaching for pre and post-operative patients and provide continued management. Full benefits package and competitive salary offered.

Please send cover letter and resume to our HR Director, Sameer, or contact him with any questions: hrentmds@gmail.com

Oral, Head and Neck Cancer Awareness Week

April 10-16, 2016

Oral, Head and Neck Cancer Awareness Week® (OHANCAW®) 2016 is April 10-16. OHANCAW is a weeklong series of events to promote education and awareness organized through the Head and Neck Cancer Alliance, formerly known as the Yul Brynner Head and Neck Cancer Foundation. www.headandneck.org

Update is a publication of the Society of Otorhinolaryngology and Head-Neck Nurses, Inc.

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Area of Practice

- | | |
|--|---|
| ☐ Allergy (AL) | ☐ Otolaryngology (OTO) |
| ☐ Head & Neck Oncology (HN) | ☐ Multi-ORL (ORL) |
| ☐ Pediatric ORL (PED) | ☐ Multi-Specialty Unit (MSU) |
| ☐ Plastics (PL) | ☐ Other (OT) |

Practice Setting

- | | |
|---|--|
| ☐ Ambulatory Surgery (AMB) | ☐ Operating Room (OR) |
| ☐ Home Health (HH) | ☐ Outpatient Clinic (OUT) |
| ☐ Hospital (HS) | ☐ Physicians Office (OFC) |
| ☐ Federal/ Military (MIL) | ☐ Other (OT) _____ |
| ☐ Long Term Care (LTC) | |

☐ Full Time ☐ Part Time ☐ Retired

Permission to include your membership information in SOHN Membership Directory (secure SOHN Members website or printed version) and mailing lists: (Please initial) _____ Yes _____ No

Are you a member of another nursing organization? (Ex. AORN, ANA, etc.) If yes, which one(s)? _____

Total years in:
Nursing _____ ORL Nursing _____ SOHN _____

Dues

SOHN Membership Year ~ March 1 – February 28

Membership includes professional Journal and Newsletter

Full Member – RN – Voting Member	\$100.00
Associate Member – LPN/LVN – Non-Voting	\$100.00
Retired	\$ 50.00
Chapter Dues (please indicate which chapter below)	\$ 5.00
Late Renewals (after March 1)	\$110.00
Two Year Renewal	\$190.00
Two Year Renewal with Chapter	\$200.00
Subscription only – US	\$ 60.00
Subscription only – Foreign	\$ 70.00
Donation to the ENT Nursing Foundation	\$ 30.00
Other ENT-NF Donation Amount	\$ _____
Amount Paid	\$ _____

FOR OFFICE USE ONLY

Date Rec'd _____ Code _____

Chapter _____ Ck # MC/V/AE/D _____

Processed _____

Chapters

- | | |
|--|---|
| ☐ Atlanta Regional (ATL) | ☐ Greater Houston (HSN) |
| ☐ Birmingham, AL (BIR) | ☐ Heartland/ Iowa (HRC) |
| ☐ Boston (BOS) | ☐ Maryland/DC (MDC) |
| ☐ Chicago (CHI) | ☐ North Carolina (NC) |
| ☐ Connecticut (CT) | ☐ Salt Lake City (SALT) |
| ☐ Dallas (DAL) | ☐ St. Louis (SLC) |
| ☐ Grand Rapids (GRC) | ☐ South Carolina (Lowcountry) (SC) |
| ☐ Greater Cleveland (CLV) | ☐ Southeastern Pennsylvania (SEP) |
| | ☐ Wisconsin (WIS) |

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Business _____

Address _____

City _____ State _____

Zip _____ Country _____

Business Telephone: _____

Fax: _____

Highest Level of Education

- | | |
|--|--|
| ☐ LPN/LVN Certificate (LPN) | ☐ Masters Degree, Nursing (MSN) |
| ☐ Diploma (DIP) | ☐ Masters Degree, Other (MS) |
| ☐ Associate Degree, Nursing (ASN) | ☐ Doctoral Degree, Nursing (PHDN) |
| ☐ Associate Degree, Other (AS) | ☐ Doctoral Degree, Other (PHD) |
| ☐ Bachelors Degree, Nursing (BSN) | ☐ Other (OT) |
| ☐ Bachelors Degree, Other (BS) | |

Special Interest Groups

- | | |
|---|---|
| ☐ Advanced Practice (AP) | ☐ Head & Neck (HN) |
| ☐ Allergy/Sinus (AL) | ☐ Office/ Outpatient (OUT) |
| ☐ Facial Plastics (FP) | ☐ Otolaryngology (OTO) |
| ☐ Federal/Military (MIL) | ☐ Pediatric (PED) |
| ☐ Geriatric (GER) | ☐ Perioperative (OR) |

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